

## Genital cosmetic surgery

There is an increasing demand from women requesting genital cosmetic surgery. In general, this is not routinely available within the NHS. Guidelines are clearly set out in the Exceptional Aesthetic Referral Protocol ([http://www.sehd.scot.nhs.uk/mels/CEL2009\\_30.pdf](http://www.sehd.scot.nhs.uk/mels/CEL2009_30.pdf))

### Suggested GP actions

- Examine the woman. Often reassurance is all that is required
- Referral should be to **Plastic Surgery** and not to general gynaecology

### Information for patients

- BMI must be <27 before any surgery will be considered
- Smoking Status
- Smoking Cessation