

Referral pathway for patients with visual problems

Orthoptics

Any child presenting with the following conditions should be referred directly to the Orthoptist :

- Squint
- Lazy eye
- Reduced vision / suspected amblyopia
- Hypermetropia/Myopia/Astigmatism
- Irlen syndrome/visual stress
- Reduced convergence and / or accommodation
- Diplopia / double vision

These patients are seen jointly in a shared care clinic and if needed will be referred onto an Ophthalmologist as required.

Any adult presenting with the following conditions should be referred directly to the Orthoptist:

- Squint
- Lazy eye
- Diplopia / double vision
- Irlen syndrome/visual stress
- Reduced convergence and / or accommodation

All other ocular conditions / visual disorders should be referred to ophthalmology, for example:

Paediatric - Any other concerning infantile eye problem including Delayed visual maturation, cataract, nystagmus, abnormal pupils, coloboma, glaucoma, cysts, red eye, lid anomaly

Adults – any other condition including cataract, nystagmus, abnormal pupils, glaucoma, cysts, red eye, lid anomaly, ARMD