

REFERRAL GUIDANCE ORTHOTIC SERVICE



Orthotists specialise in the assessment of the whole body for biomechanical problems and if appropriate may prescribe, measure, fit and review an Orthosis.

An Orthosis is an externally applied device which may also be called a 'brace' or 'splint'.

The purpose and design of an orthosis may change over time with the changing needs of the patient.

An Orthosis can: improve function, reduce pain, prevent deformity.

PRESENTING COMPLAINT

Impaired gait pattern due to a neuromuscular condition/problem, this can be instability in stance or a dropped foot when walking.

Pain due to an arthritic condition which may benefit from immobilisation or pressure relief

Diabetics who have been screened and given a risk stratification of 'high risk' for insoles or footwear to prevent foot ulceration

Contracture management

Inguinal or abdominal hernia

Foot deformities which do not allow patients to wear commercially available footwear

Pressure sore prevention

WHO TO REFER

Patients who are older than 16 in Greater Glasgow Area.

All Patients who need to be assessed for suitability for provision of an Orthosis in Clyde.

Greater Glasgow Sites Are:

Glasgow Royal Infirmary, Gartnavel General, Stobhill, Southern General and the New Victoria Hospital

Clyde Sites are:

Inverclyde Royal, Royal Alexandra Hospital, Vale of Leven Hospital.

Examples of some different types of Orthoses are:

Prescription Footwear

Insoles

Foot Orthoses

AFO's or Ankle Foot Orthoses

Knee braces

Upper limb orthoses – eg hand splints

Hernia Supports

Spinal supports

Collars

Pressure relief orthoses

WHO NOT TO REFER

Patients under 16 within Greater Glasgow –these should be referred to the Paediatric Orthotic Department the Royal Hospital for Children

Patients who require artificial limbs –these should be referred to Prosthetics at Westmarc

HOW TO REFER

- Via SCI Gateway

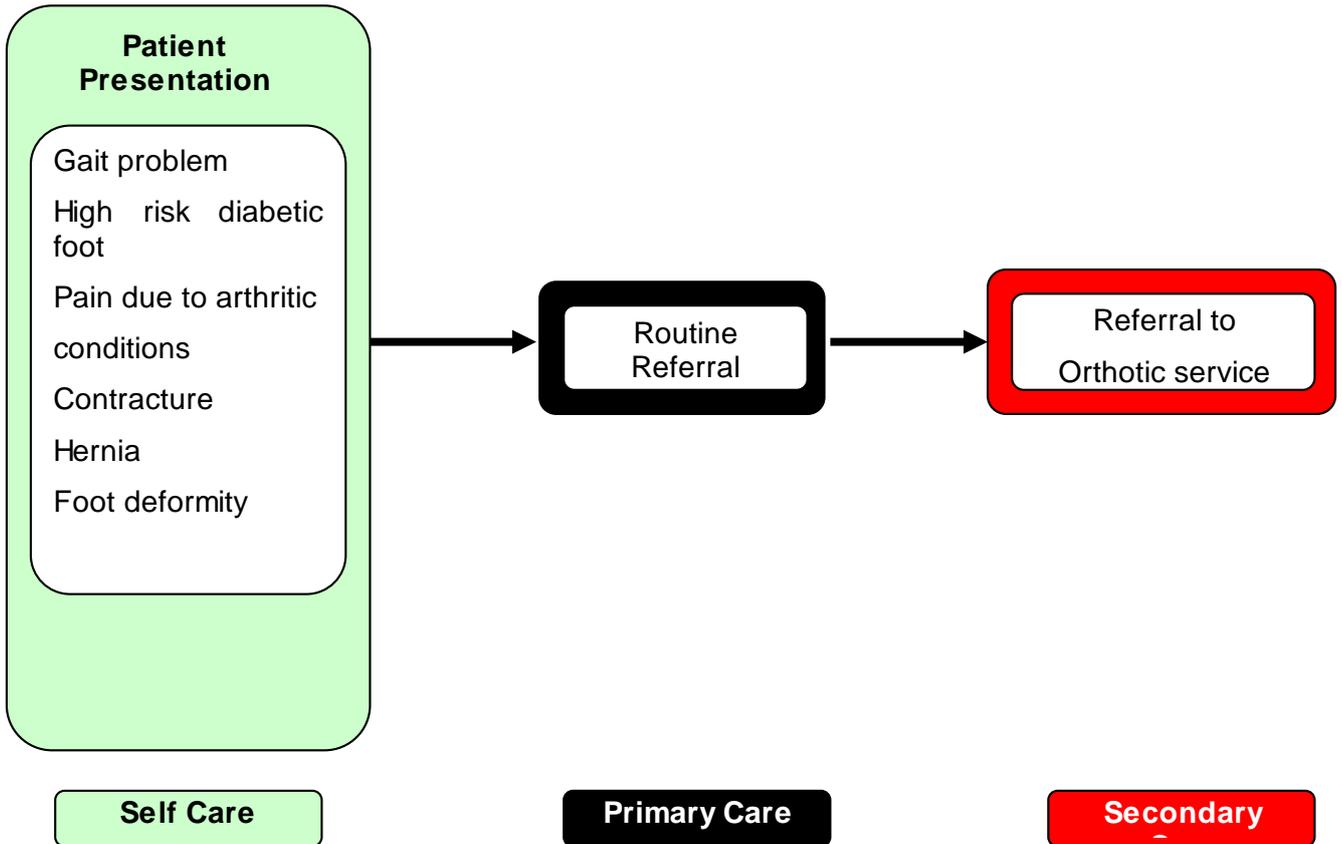
CONTACTS

If you wish to discuss the referral further:-

- NHSGGC Orthotic Service

All sites Contact: 0141 211 1459

Patient Pathway



Patient Pathway

