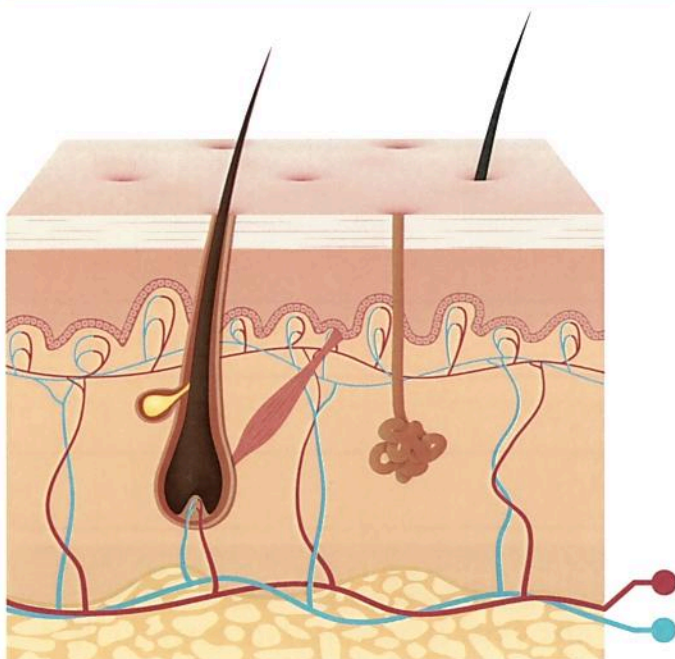


Structure of the Skin



Q1. What are the main causes of pressure ulcers and consider how they relate to the picture above?

Q3. What would some of the signs of pressure damage be?

1.

2.

3.

4.

Q4. What are the main cells involved in wound healing?

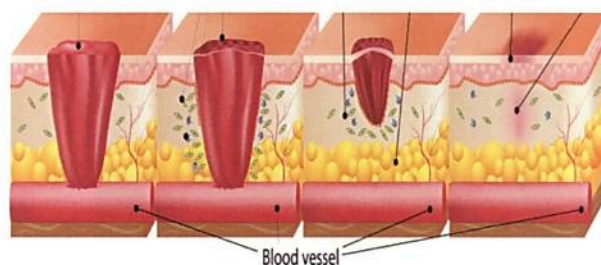
1.

2.

3.

4.

Four Stages of Wound Healing



Q2. What kind of risk factors are there to develop pressure ulcers?

1.

2.

3.

Q5. What are the 4 stages of wound healing and how long each phase can last?

1.

2.

3.

4.

Q6. What is the differences between excoriation and pressure damage?

- 1.
- 2.
- 3.

Q8. What does TIME stand for when assessing wounds?

T:
I:
M:
E:

Q7. Consider and list some of the tools used to assess skin, pressure areas and excoriation

- 1.
- 2.
- 3.
- 4.

Q9. What can you do to prevent pressure damage?

- 1.
- 2.
- 3.
- 4.
- 5.

Q10. Consider the below points for the pictures at the bottom of this page

- | | |
|--|---|
| 1. What type of wound is this? | 5. Consider what factors may be eelaying the healing process |
| 2. Grade of excoriation or pressure ulcer? | 6. Use TIME to assess the wounds and both consider healing and treatment |
| 3. Can you see any signs or infection? | 7. Using the wound formulary what dressing / ointments / sprays / treatments would you use on this wound? |
| 4. Is there evidence of wound healing? | |

