

DONNING

Putting On And Removing Personal Protective Equipment

The level of PPE used will vary based on the procedures being carried out and not all items of PPE will always be required. Standard infection control precautions apply at all times. The order given here for putting on PPE is practical but the order for putting on is less critical than the order of removal:

a) Gown (or apron *[illustrated]* if not aerosol-generating procedure)

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten at back of neck and waist



b) FFP3 respirator¹ (or surgical mask if not aerosol generating procedure)

- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator



c) Goggles or face shield (aerosol-generating procedure and as appropriate after risk assessment)

- Place over face and eyes and adjust to fit



d) Disposable gloves

- Extend to cover wrist of gown if worn.



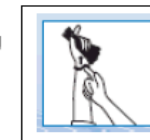
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The order for removing PPE is important to reduce cross contamination so the order outlined below always applies even if not all items of PPE have been used:

a) Gloves

Assume the outside of the glove is contaminated:

- Grasp the outside of the glove with the opposite gloved hand; peel off
- Hold the removed glove in gloved hand
- Slide fingers of the ungloved hand under the remaining glove at wrist
- Peel second glove off over first glove
- Discard appropriately



b) Gown or apron

Assume the gown/apron front and sleeves are contaminated:

- Unfasten or break ties
- Pull gown/apron away from the neck and shoulders, touching the inside of gown only
- Turn the gown inside out
- Fold or roll into a bundle and discard appropriately



c) Goggles or face shield

Assume the outside of goggles or face shield is contaminated:

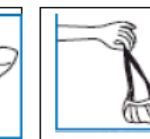
- To remove, handle by head band or ear pieces
- Discard appropriately



d) Respirator or surgical mask

Assume the front of respirator/surgical mask is contaminated:

- Untie or break bottom ties, followed by top ties or elastic and remove by handling ties only
- Discard disposable ones appropriately



Perform hand hygiene immediately after removing all PPE.

To minimise cross-contamination, the order outlined above should be applied even if not all items of PPE have been used. **Clean hands thoroughly immediately after removing all PPE.**