

43 pledge cards were completed containing 56 pledges.

The pledges can be split into 5 themes.

- **Promotion of the AHP Clinical Supervision Policy & Sharing of information from the event with teams** (22 pledges)
including returning to teams and feeding back, reviewing current systems in relation to policy or putting something new in place.
- **Review use of Clinical Supervision Models and Approaches** (14 pledges)
including use of proctors model in peer/group/mixed profession/MDT supervision setting, mindfulness approach was also mentioned in a couple of pledges
- **Share/Explain meaning/purpose of supervision with others** (9 pledges)
included emphasising importance of wellbeing, values, support, 'debunk myths' of what supervision is and isn't.
- **Reflect and improve on own personal supervision style/approach** (6 pledges)
- **Consider how supervision is evaluated** (5 pledges)