

Information about the

Plastic Surgery See and Treat Clinic



Plastic Surgery Out Patients Department
Glasgow Royal Infirmary
84 Castle Street
Glasgow
G4 0SF
☎ 0141 201 3816

Your Appointment

You have been referred to the Plastic Surgery Department. We have made an appointment for you to attend our See and Treat Clinic.

At your appointment you will see a Consultant Plastic Surgeon who will assess your condition. If suitable we may offer you treatment on the day.

You should expect your stay to last up to 4 hours.

If you need a procedure you will have a **local anaesthetic, which involves numbing the skin around the area of concern.**

Before your appointment

- You do not need to fast.
- You can take your routine medication unless the staff tell you otherwise.
- Please bring your medication or a list of this with you on the day.

If possible please bring someone with you to your appointment.

Your Procedure

If it is appropriate for us to treat you on the day the Consultant will discuss:

- Your treatment options
- What the treatment involves
- All possible risks and complications
- Any follow up care – which will depend on test results.

We will then take you to one of the procedure rooms.

It is important to note the following:

Scarring

You will have a scar following your surgery. Scars are:-

- Permanent
- Usually longer than the lesion removed
- Unpredictable in terms of colour or texture (i.e. red or pink and raised or rough)
- You may have an additional scar depending on the procedure involved

Bleeding

Bleeding can sometimes happen after your procedure. If this should happen please apply some gentle pressure to the area with a clean cloth or tissue for 10 minutes.

If bleeding continues please contact:-

- **Plastic Surgery Outpatients** ☎ 0141 201 5589 (8.30am - 5.00pm)
- **Ward 47, Glasgow Royal Infirmary** on ☎ 0141 451 5548 (5.00pm - 8.30am)

Infection

Infections after minor procedures are rare. During your procedure we will take precautions to reduce the risk.

Signs of Infection are:-

- Swelling
- Increased Redness
- Increased Pain
- Heat
- Pus
- Discharge or offensive smell

If you experience these please contact your GP who will assess your condition and prescribe medication if required. Outwith normal working hours please contact NHS 24 on ☎ 111.

Wound care and Stitches

Following your procedure you may have stitches or a dressing on your wound. We will give you written instructions about your wound care.

Please keep the wound area **dry for 48 hours** unless the staff tell you to do this for longer.

We will ask you to attend either your GP practice or the Plastic Surgery Outpatient Clinic to have your stitches or dressings removed. If you need to return to the Outpatient Clinic we will give you an appointment before you leave.

Follow up

Following your procedure we will discharge you from the clinic.

We will give you information about the outcome of your procedure by telephone, and will send a letter to your GP once we have the test results. Occasionally you may need a further follow-up appointment with the Consultant. If you need a further follow - we will give you a date for a return appointment.