**Please note: this document relates to the use of NHS GGC provided masks which are the only masks approved for use when on duty at GGC.**

1. **FFP3 Disposable Face Mask Pre-Use Check**
* Ensure you have been face fit tested (FFT) before donning any FFP3 mask and entering a high risk area or carrying out an AGP, this must be carried out by a trained face fit tester either qualitative (under the hood) or quantitative (Portacount Machine).
* Ensure that you sure using the correct mask you have been face fit tested to.
* If the mask comes in a pre-sealed envelope and it is damaged discard the mask appropriately and take another mask.
* Examine the mask before use, this should include checking for any rip/tear or defect on the mask, inner seal or straps, if any of these are visible discard the mask appropriately.
* If it is an adjustable mask ensure the straps can be held securely in place by the straps clip holders.
* If required, ask for assistance from a colleague to ensure correct fitting of the mask. Ensure your colleague is wearing a mask (FRSM / FFP3) when doing so.
* Undertake fit check to ensure seal has been made ([Link](https://www.nhsggc.org.uk/media/260582/nhsggc-health-safety-ffp3-mask-fitting-guidance.pdf))
1. **Face Mask Pre-Use Check**
* Examine the mask before use, including:
	+ checking for any rip/tear or defect on the mask,
	+ check straps are intact and not damaged