

Online Resources
Patient Resources/Services

[NHSinform](#)

[NHSGGC Health and Wellbeing Directory](#)

[Public Health Resource Directory](#)

[ALISS - information on local services](#)

[Patient. Co website - Information leaflets and Factsheets](#)

[NHS Inform - Its ok to ask leaflet](#)

[Diabetes UK - Foot care leaflets](#)

[NHSGGC Control IT plus resource](#)

[Heart failure leaflets](#)

[Heart health](#)

[Rheumatology leaflets](#)

[Stroke leaflets and resources](#)

[Self-help for stroke website](#)

[Steps to deal with stress booklet](#)