What this means for you:

- You no longer have to attend regular routine clinic appointments.
- You do not need your GP to re-refer you to this service, within the agreed timeframe.
- Should you experience a flare-up of symptoms, your condition has deteriorated or you feel you require input, you can contact the telephone number below where the coordinator will advise on the most appropriate course of action for you.
- Coordinator Contact number is: 0141 201 2579.



Information on Patient Initiated Review (PIR) For Movement Disorder Patients

Department of Neurology

Institute of Neurological Sciences Queen Elizabeth University Hospital 1345 Govan Road Glasgow G51 4TF

Coordinator Contact Number: ■ 0141 201 2579 (Monday to Friday 9:30am to 5:00pm)



 The Neurology department has introduced a system for patients with stable symptoms. This is known as Patient Initiated Review (PIR).

Your Consultant or Specialist Nurse has identified you as suitable for this pathway.

What is Patient Initiated Review (PIR)?

PIR is a system designed to give you, the patient, more control over your review appointments. Instead of having regular clinic appointments, you will be able to make contact with us if and when you need to.

Why are we using PIR?

Using this system will prevent missed appointments, reduce waiting times and lead to a better service for our patients.

How do I make contact?

You can telephone the Co-ordinator on **0141 201 2579** (Monday to Friday 9:30am to 5:00pm).

Please note:

This does not mean you have been discharged from the service. You remain a patient of the Neurology service and will remain in our system for 2 years.

This gives you peace of mind that you have access to the service, should you need it.

We will send you a reminder letter after 2 years asking you to contact us if you wish to remain in the Neurology PIR system.

However, if you do not make contact with the service after 2 years, we will assume that you are managing your condition well and we will remove you from our service. You would then have to ask your GP to re-refer you.

Up to Date Contact Details

As you remain a patient of the Neurology Service, please make sure we have up-to-date contact details for you including: your contact telephone number(s), address and your GP's details.

Please let us know of any changes to your details.

Support Organisations:

If you do feel you need help or advice, a list of websites are noted below, which you might find helpful in the first instance.

The National Tremor Foundation

Tel: 01708 386399 https://tremor.org.uk

Restless Legs Syndrome UK

https://www.RLS-uk.org

Dystonia UK

Tel: 020 7793 3651

https://www.dystonia.org.uk

Tourettes Action

https://www.Tourettes-action.org.uk

Ataxia UK

Tel: 020 7582 1444 www.ataxia.org.uk

Scottish Huntington's Association

https://hdscotland.org

Parkinson's UK

Tel: 0808 800 0303

https://www.parkinsons.org.uk