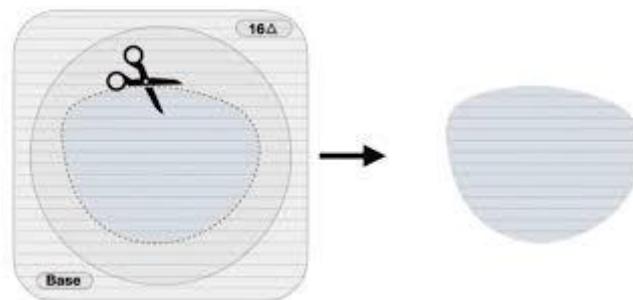


## How to Fit a Fresnel prism

### For fitting onto your Glasses

1. Take the prism out the packaging
2. On the prism identify where it says 'base' (it is in one of the four corners of the prism)
3. The direction of the BASE should have been discussed with your orthoptist ( Base Out, Base In, Base Up, or Base Down)
4. Ensuring you have the smooth surface of the prism against the inside of the correct lens of your glasses with the rough/rigid side towards your eye

Example



5. You can use a pen to draw the shape of your lens onto your prism
6. Cut and shape the prism to fit the glasses lens. You may need to trim the prism to refine the fit of the prism, so there are no edges outwith the lens.
7. Run your glasses under water and wet the cut prism
8. Still wet, place the smooth side of the prism onto the correct lens ensuring you are still holding it the correct way.
9. Press it down with a tissue pushing all the excess water and air bubbles out (can also use your finger if necessary)
10. Put the glasses on and ensure you do not have double vision.