

Dear Patient,

You have 2 appointments enclosed (one week apart) for your VIDEO NURSE EDUCATION GROUP sessions with the Specialist Nurses.

Each appointment will last 90 minutes and we would be grateful if you would plan for this.

Please note that you should **not** attend the hospital for these appointments.

**How to join:**

**You will be contacted by e mail one week before your appointment which will include all the information you will need to join the group.**

Please ensure that you are logged on 10 minutes before the session starts.

If you log on earlier, you may have to log on again as the system automatically disconnects you after 15 minutes.

You should have received a copy of "Goal Planner" with your enclosed appointment letters, which you will need during your first Session.

If you have any questions, please call the Pain Management Secretaries on 0141 347 8003. Please leave your name, telephone number and a message, also stating that you are calling about your NURSE Group appointment, if your call is not immediately answered.

We look forward to meeting you in the video group.

Kind regards,

The Pain Specialist Nurses

Greater Glasgow and Clyde Pain Management Service