

THE BRISTOL STOOL FORM SCALE FOR CHILDREN choose your Poo!

type 1 	<i>looks like</i> rabbit droppings <i>separate hard round droppings like rabbit droppings</i>
type 2 	<i>looks like</i> bunch of grapes <i>smaller, clustered but lumpy</i>
type 3 	<i>looks like</i> corn on cob <i>like a sausage but with lumps on its surface</i>
type 4 	<i>looks like</i> sausage <i>like a sausage, smooth, smooth and soft</i>
type 5 	<i>looks like</i> chicken nuggets <i>soft, mushy, with some lumps (sometimes lumpy)</i>
type 6 	<i>looks like</i> porridge <i>fluffy pieces with soft edges, sometimes lumpy</i>
type 7 	<i>looks like</i> gravy <i>watery, no solid pieces ENTIRELY LIQUID</i>

Bristol Stool Form Scale for Children
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This diary is to give the nurse an idea of the pattern of your child's toilet and bowel habits. Please fill in the chart every day, for one week (using the Bristol Stool Chart, see overleaf).

Please remember to bring it with you to your appointment.

Thank You

Useful websites: www.eric.org.uk
www.promocon.co.uk

Bowel Diary

Name:

Date of Birth

Date Chart Started:

[illegible]