ID#		
Date:	-	

## PedsQL Paediatric Quality of Life Inventory

Version 4.0 - English (United Kingdom)

CHILD REPORT (ages 8-12)

## INSTRUCTIONS

On the following page is a list of things that might be a problem for you. Please tell us **how much of a problem** each one has been for you over the **PAST MONTH** by circling:

0 if it is never a problem

1 if it is almost never a problem

2 if it is sometimes a problem

3 if it is often a problem

4 if it is almost always a problem

There are no right or wrong answers.

If you do not understand a question, please ask for help.

## Over the PAST MONTH, how much of a problem has this been for you...

ABOUT MY HEALTH AND ACTIVITIES (problems with)		Almost Never	Someti mes	Often	Almost Always
1. It is hard for me to walk more than a couple of streets (about 100 metres)	0	1	2	3	4
2. It is hard for me to run	0	1	2	3	4
3. It is hard for me to do sports activities or exercise	0	1	2	3	4
4. It is hard for me to lift heavy things	0	1	2	3	4
5. It is hard for me to have a bath or shower by myself	0	1	2	3	4
6. It is hard for me to do chores around the house	0	1	2	3	4
7. I have aches and pains	0	1	2	3	4
8. I feel tired	0	1	2	3 ·	4

ABOUT MY FEELINGS (problems with)	Never	Almost Never	Someti mes	Often	Almost Always
I feel afraid or scared	0	1	2	3	4
2. I feel sad	0	1	2	3 -	4
3. I feel angry	0	1	2	3	4
4. I have trouble sleeping	0	1	2	3	4
5. I worry about what will happen to me	0	1	2	3.	4

How I GET ON WITH OTHERS (problems with)		Almost Never	Someti mes	Often	Almost Always
I have trouble getting on with other children	0	1	2	3	4
2. Other children do not want to be my friend	0	1	2	3	4
3. Other children tease me	0	1	2	3	4
4. I cannot do things that other children my age can do	0	1	2	3	4
5. It is hard to keep up when I play with other children	0	1	2	3	4

ABOUT SCHOOL (problems with)		Almost Never	Someti mes	Often	Almost Always
It is hard to pay attention in class	0	1	2	3	4
2. I forget things	0	1	2	3 .	4
3. I have trouble keeping up with my school work	0	1	2	3	4
4. I miss school because of not feeling well	0	1	2.	3	4
5. I miss school to go to the doctor or hospital	0	1	2	3	4