

# Dietetic Website

Click on **titles** when you see the hand icon and it takes you to the page



## Main Webpage



- Outlines the service and how to refer
- Interactive website infographic
- Evaluation
- Sections - containing videos, diet sheets and lots of useful links

## Care Homes



- “MUST” screening webinars
- Project Milkshake recipes
- IDDSI video training and information
- MUST Step 5
- Dietetic referrals to care homes

## Clinical Conditions & Therapeutic Diets



- Cancer Care
- Diabetes
- Heart health video
- Kidney disease videos:
- Irritable Bowel Syndrome (IBS)
- Liver disease
- Respiratory

## Children



- Starting Solids project
- Fun First Foods (various languages and formats)
- Fussy eating, Autism and Constipation
- HENRY programme
- Cow’s Milk Protein Allergy - CMPA (professional and parents)

## Dysphagia



- International Dysphagia Diet Standardisation Initiative (IDDSI)
- Speech & Language Therapy (SLT) in NHSGGC
- IDDSI videos - various topics
- IDDSI snacks poster
- IDDSI and dysphagia poster

## Healthy Eating



- Why healthy eating matters
- Eatwell Guide
- Key principles of healthy eating
- And more to come in due course....

## Malnutrition



- Am I at risk? - MUST toolkit
- BAPEN information
- Food Fortification
- Eating to Feel Better, incl. easy read
- Nourishing drinks/Snacks
- Plant based diets and more

## Multi Culture



- Multicultural dietitian
- Asian, African and Eastern European diets
- Eating to Feel Better (easy read) - translated into a few languages
- Autism diet sheet in Punjabi and Urdu

## Pregnancy



- Selection of videos on healthy eating and pregnancy
- Gestational diabetes videos in English - translated versions also available

## Professional Development



- Practice Based Learning
- Return to practice
- International Dietitians

‘Starting out your first job’ section:

- Filling out application forms
- Pre, during and post interview tips

## Service Summary



- Overview of NHS GGC Dietetics
- Dietetic Service Organisational Chart
- Details of Community, Acute and Paediatric dietetic departments, including phone numbers

## Useful Links



A to Z of useful links including:

- Free and low cost food
- British Dietetic Association
- Allergy
- Weight management
- Vitamin D

and much more

BDA  
Food Facts

