

Collar Fitting



No plastic touching the skin, blue parts to extend beyond all plastic edges

Centre your chin comfortably in the chin piece

No slack or gaps in the straps

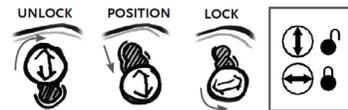
The large front and back openings are centred on the neck

The sides fit with the with the back overlapping the front and running parallel to each other



Make sure the arrow is pointing upwards

Velcro straps should line up symmetrically, blue on blue



Lock the buttons in position, the same position on the left and right sides

Make sure the front pad lies flat on your chest



Sides of the front of the collar should be moved up, off the upper back and not digging into the shoulder

Skin Care

- Assess your skin each day and check for redness
- Wash skin and make sure skin is dry before reapplying collar
- Do not use powder
- Change pads on alternate days (more frequently if damp or soiled)
- Wash pads in soap and water (only) and air dry
- Do not throw the pads away
- For more information please contact:

Orthotic Department 0141 347 8909