



light

FITTING GUIDE



Product Features

- 1 Wide adhesive strip
- 2 Elasticated cuff



IMPORTANT INFORMATION

Oil based barrier creams may reduce the performance of the pads. If barrier creams must be used, they should be applied sparingly and only on treatable areas. Used products should be disposed of in the appropriate manner, they cannot be flushed down the toilet.

iD Light Fitting Guide

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Step 1

Remove the pad from its packaging, gently open it and then fold the pad lengthways forming a channel in the middle of the pad.



Step 2

Remove the paper from the adhesive strip running along the back of the pad. Stick the pad onto the crotch area of the pants, carefully positioning it so that any urine that may escape will go into the central area of the pad.



Step 2

Pull the pants up ensuring that the pad remains in place and fits closely at the groin. Remember, always wear your pad with close fitting underwear.



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