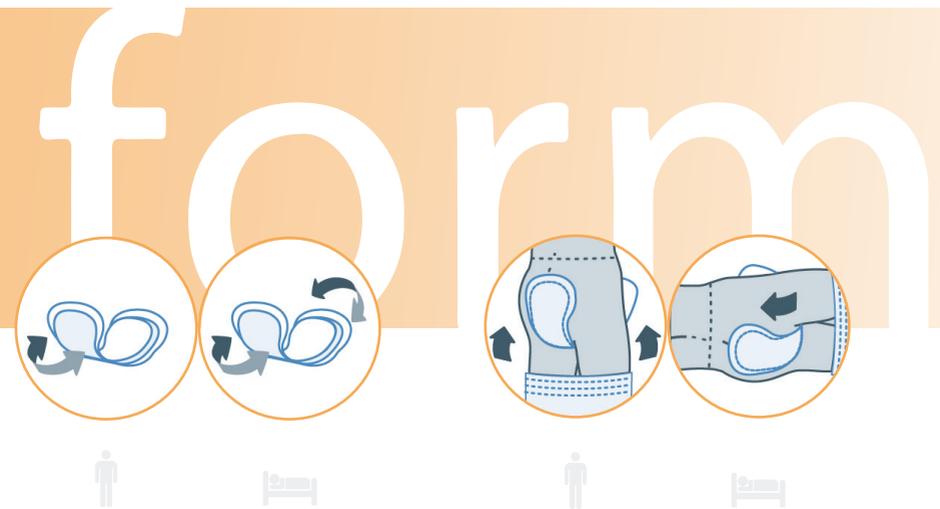




iD Form Fitting Guide

iD Expert Form are anatomically shaped pads offering an ideal solution for managing moderate to heavy incontinence. These products provide high levels of absorption and are available in three lengths.

These products should always be worn with iD Expert Fix net pants which help keep the product correctly in place, or the user's own close-fitting underwear.



Step 1

Start by pulling the net pants up to just above the knee, with the top folded down in preparation for securing the pad. Gently open then fold the pad in half lengthways to form a cupped shape, this activates the anti-leak cuffs.

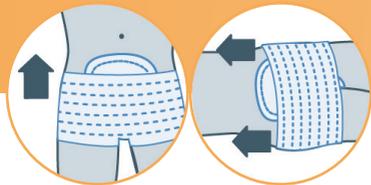
Step 2

Keeping the pad folded, pass the pad between the legs from front to back with the backsheets turned away from the skin. Centre the pad by using the wetness indicators as a guide. Ensure the larger part of the pad covers the buttock area and the smaller area covers the front.

If the client is lying down, gently roll them onto their side and position in same way.



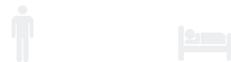
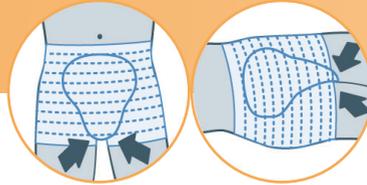
iD Form Fitting Guide



Step 3

Ensure the front of the pad is fitted up towards the lower abdomen and the back of the pad towards the cleft of the buttocks. The anti-leak cuffs should fit closely at the groin.

If positioned correctly the front of the pad will sit slightly lower at the front than the back.



Step 4

Pull up the pants to fit securely over the pad, ensuring the pants are fitted well at the top of the legs and that the pad remains closely fitted at the groin. Then fan and smooth out the product, paying particular attention to the back of the pad, ensuring it is crease free. The pad should sit slightly higher at the back than the front. Adjust the pad and pants as required to ensure the user feels comfortable and secure.



ID EXPERT FIX AVAILABLE WAIST SIZES:

Small (With Legs)	50-75cm
Medium (With Legs)	70-90cm
Large (With Legs)	85-110cm
X-Large (With Legs)	105-130cm
XX-Large (With Legs)	115-140cm
Small (Comfort Super)	40-80cm
Medium (Comfort Super)	60-100cm
Large (Comfort Super)	80-120cm
X-Large (Comfort Super)	100-160cm
XX-Large (Comfort Super)	140-180cm
XXX-Large (Comfort Super)	180-195cm
Medium (Ultra)	80-120cm
Large (Ultra)	100-130cm
X-Large (Ultra)	120-150cm
XX-Large (Ultra)	140-175cm



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WETNESS INDICATOR

Each pad has two wetness indicator lines to show the presence of urine. These are a guide to when you need to change the product and can be checked without the need to remove the pad.

The yellow line will turn blue and the blue line/writing will fade. When approximately two thirds of the wetness indicator lines have changed colour the pad is ready to be changed. If there has been any faecal soiling then the pad should be changed immediately.

IMPORTANT INFORMATION

Oil based barrier creams may reduce the performance of the pads. If barrier creams must be used, they should be applied sparingly and only on treatable areas.

Used products should be disposed of in the appropriate manner, they cannot be flushed down the toilet.



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