

90 Minute Leadership



OD recognise the challenges our leaders have in managing time constraints and setting aside time for development activities. Short, intensive development sessions can be a useful way of learning. Rather than spending a full day covering a relatively wide range of topics, our "90 Minute" leadership sessions will focus on specific topics, concentrating on key issues rather than the broader picture.

The next session is:

"The Art of Being Brilliant "



As 9-5 morphs into 24/7, it brings mounting pressures and new rules. Your life is full-on, relentless and exhausting (call it a lucky guess?) and worse still, it's zipping by in a blur. It's easy to end up careering from one crisis to another, buzzed up on sugar and caffeine, existing from one holiday to the next.

The leader's job is to squeeze more from less and you're already really good at doing that. But you eventually reach a point where you can't work any harder and if I tell you to work smarter you'll want to knee me in the groin (another lucky guess!) You've thought inside the box. Outside the box. You've even removed the box! So where next?

You deserve a break. I believe leaders need to be challenged in an entertaining and humane way. If you can gain insight and chuckle at the same time, then learning becomes fun. If there was no bull, big words or psychobabble, even better. Enter, centre stage, 'The Art of Being Brilliant', a rip-roaring tour through the essentials of positive psychology and leadership as it needs to be RIGHT NOW.

And here's the clincher, the principles apply as much at home as they do at work. Whisper it quietly, but it might even change your life.

Leaders who who need to focus on their own wellbeing and resilience in order to give the best to their staff and the organisational priorities.

Who will benefit from attending the session?

Host - Art of Brilliance

Date: Wednesday 30th November 2022 at 8.30am

To register –

<https://link.webropol.com/ep/onlineartofbeingbrilliantnovember2022>