



North Glasgow Sector

Changes to Vitamin D requesting via ICE

From Tuesday 3rd March, vitamin D requesting in the ICE system will change in order to reflect the [NHSGGC Vitamin D guideline](#). When making a vitamin D request, you will be presented with a dialogue box containing a summary of the current guidelines and prompted to supply an indication for the request (see below). Should none of the listed indications apply, the request will be rejected and information on recommended treatment will be provided.

Rules -- Webpage Dialog

BIO-RP-VITD

Vitamin D is not a test that is helpful in investigation of tiredness, chronic fatigue or non-specific aches and pains with normal bone biochemistry

All pregnant and breastfeeding women should take a daily supplement containing 10 micrograms (400 units) of vitamin D, to ensure the mother's requirements for vitamin D are met and to build adequate foetal stores for early infancy

People aged 65 years and over and people who are not exposed to much sun should also take a daily supplement containing 10 micrograms (400 units) of vitamin D

Indications for Vitamin D

SUSPECTED OSTEOMALACIA – a syndrome characterised by malaise, multifocal bone pain with tenderness and proximal myopathy. Osteomalacia is associated with abnormal biochemistry (high ALP, low/low normal Ca, high PTH & low vitamin D)

RICKETS – bone pain, poor growth and soft, weak bones that can lead to bone deformities in children

MALABSORPTION SYNDROME – Known Crohn's disease, coeliac disease, small bowel resection or pancreatic disorder

SECONDARY CARE REQUEST – Please specify indication for request

NONE OF THE ABOVE - Vitamin D measurement is not required

More Info...

Indication for Vitamin D

(Please Select) ▼

OK

Please note this does not represent a change to the existing pathway, but a means of reinforcing the current NHSGGC Vitamin D guideline to avoid unnecessary testing. A link to the guideline will be available via ICE by clicking on the "More Info" button (see above).

The above change has been approved by the LMC and GP interface group.