

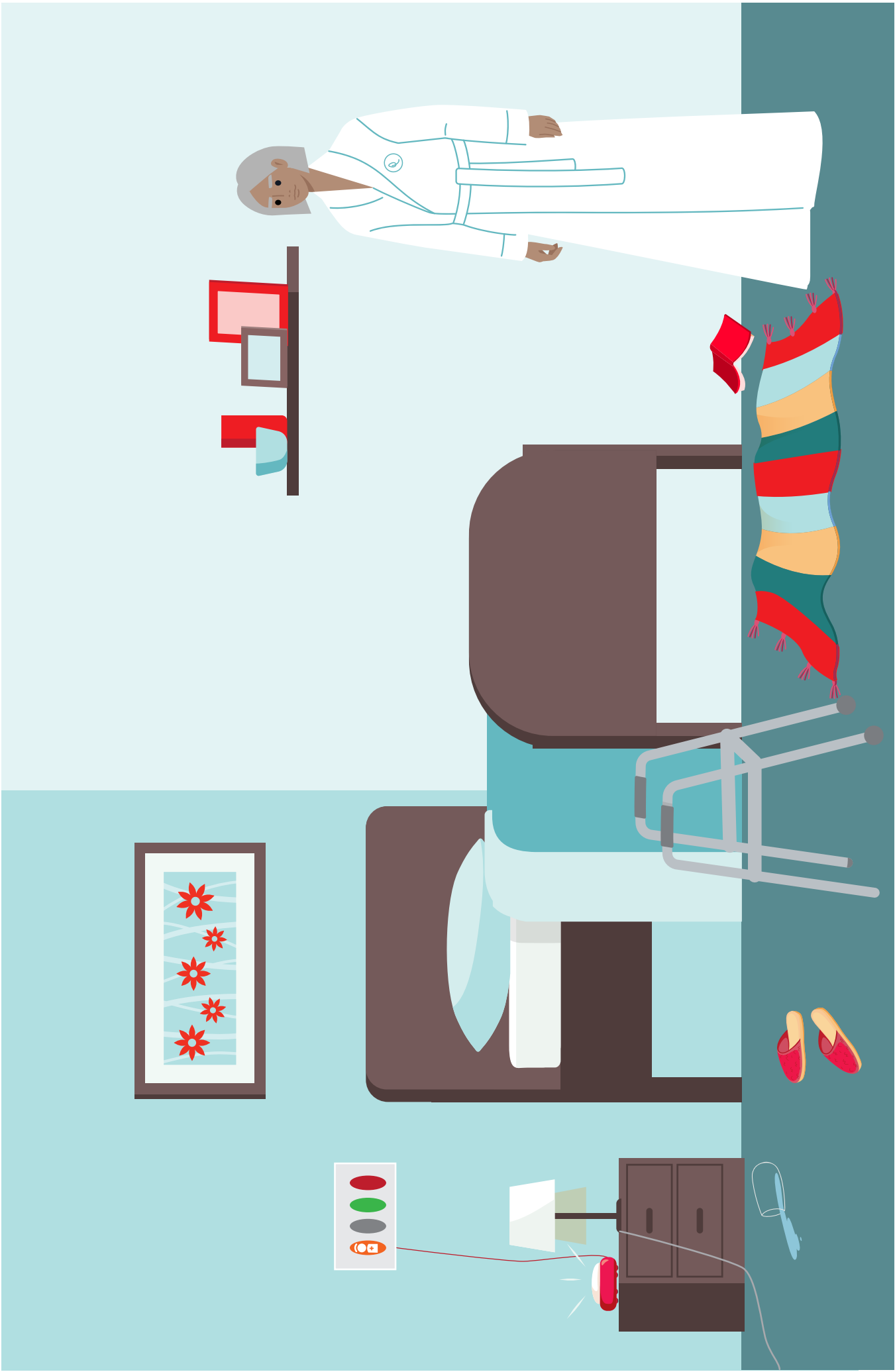


Spot the Care Home Falls Hazards

Bathroom – Answers

1. Toilet seat loose – needs fixed.
2. Toilet too high.
3. Grab rail by toilet needs to be in reach. Do not block access to grab rails with towels etc.
4. Deal with wet floor in front of sink. Bubbled vinyl between sink and toilet – trip risk.
5. Remove mat in front of toilet and shower area – trip risk.
6. Mirror above toilet too high, will have to overreach to access toothbrush on mirror shelf.
7. Bulb needs fixed.
8. Nurse call cord needs to be hanging freely and be able to be reached from the floor.
9. Trolley – ensure has brakes in use on wheels. Consider storing elsewhere.
10. Grab rail in shower cubicle loose – needs repaired.
11. Shut shower door to limit access.
12. Pick up shampoo bottle from floor.
13. Shower seat too high. Is a shower seat or chair required?





Bedroom – Answers

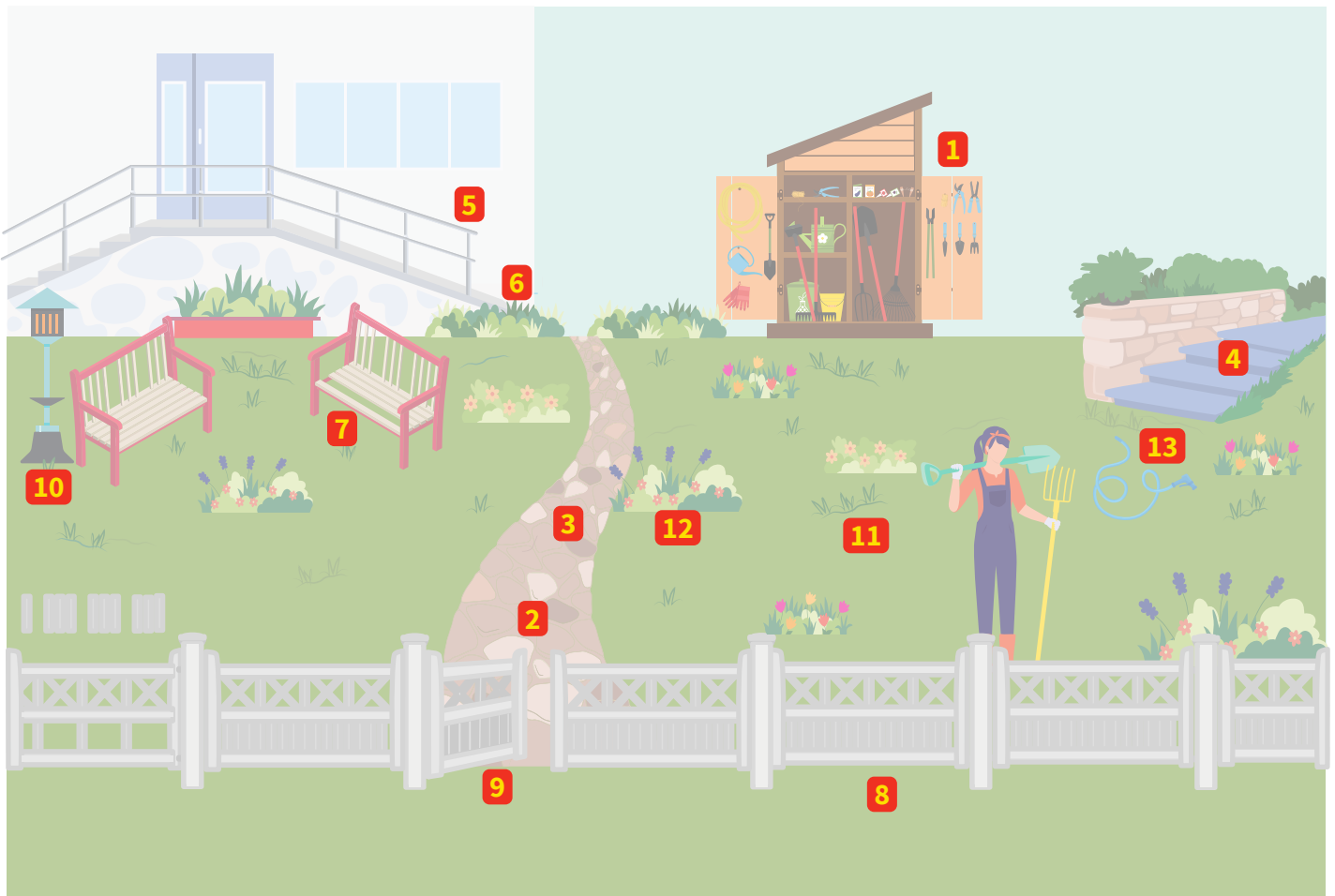
1. Dressing gown too long. Ensure belt is not a trip risk when the resident bends over.
2. Rug is a trip risk.
3. Pick book up from floor.
4. Ensure Zimmer within reach and of a suitable height.
5. Backless slippers – replace with more supportive footwear.
6. Clean up spilt water and glass and ensure floor is dry.
7. Ensure wiring for lamp not a trip/entanglement risk.
8. Ensure nurse call within reach.
9. Bed too high - Bed to be of suitable transfer height for the resident.
10. Ensure bedding not a trip/entanglement risk.
11. Remove bedside cabinet from bedside if the resident is a falls risk from bed – to reduce injury risk.
12. Shelf at head height – relocate to a better position so not an injury risk.
13. Ensure bed brakes are on to reduce movement risk during transfers. Ensure bed is positioned to reduce risk of the resident becoming trapped between bed and wall.

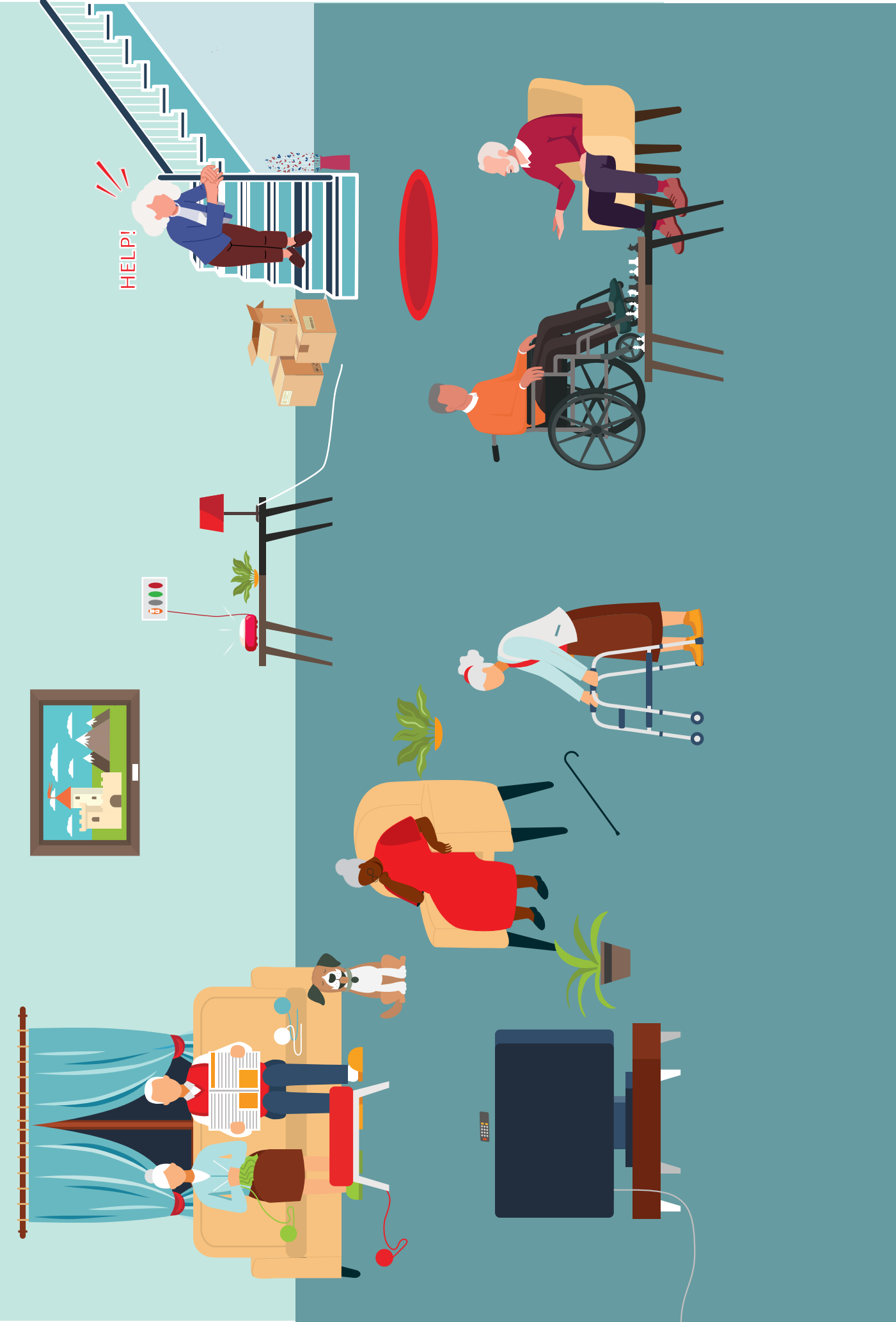




Garden – Answers

1. Shed open – lock when no staff present.
2. Ensure paving is not uneven, slippery or in need of repair.
3. Path – ensure path wide enough to accommodate staff/resident and walking aids.
4. No hand rail at blue steps.
5. Hand rail too short on ramp.
6. Steep ramp
7. Slat missing from bench needs replaced. Ensure seating is stable and suitable for residents.
8. Fence too low – residents may try to exit over the top.
9. Gate left open can lead to unauthorised entry/ exit. Ensure gate secured.
10. Patio heater – ensure out of footfall and that residents cannot touch it/grab it.
11. Grass – uneven surface.
12. Flower beds – ensure plants in either stable pots/planters or clearly defined areas out of footfall.
13. Garden hose – ensure tidied away – trip risk.





Lounge – Answers

1. Nurse call should be accessible.
2. There are no staff and no alarm cords/ systems
3. Only 1 hand rail on stairs. Staff to ensure stairs are risk assessed for those that can safely use them. Consider limiting stair access – doors/codes etc.
4. Remove rug – trip risk.
5. Ensure TV's are against walls or wall mounted, with wiring secured. Ensure accessible remote.
6. Ensure plants/ornaments are placed out of footfall.
7. Ensure pets are not a trip risk.
8. Foot stools should be stored out of way when not in use – risk residents will trip on them or try to sit on them.
9. Ensure activity items (balls of wool) are not trip risks and that a resident doesn't have to bend down/ overreach for items.
10. Residents feet are dangling when sitting. Ensure resident is in an appropriate height/ width/ depth of chair
11. Resident sitting on sofa is wearing backless slippers. Ensure resident is wearing fully supportive footwear
12. Wiring from lamp – ensure secured so not a trip/entanglement risk.
13. Store boxes out of resident areas.
14. Resident with Zimmer – ensure residents have their own Zimmer's and they are suitable height for them and used appropriately.
15. Resident in wheelchair – consider transferring him to a comfy chair.
16. Resident with beard in yellow chair – ensure chair is appropriate height for resident for ease of transfer.
17. Chess table too low. The residents will have to reach down to access – consider using a table of appropriate height.
18. Sofas – ensure residents are able to safely use the sofa – consider use of an armchair instead for appropriate transfers.
19. Curtains – ensure not a trip risk, clear of the floor at bottom.
20. Walking stick lying on floor is a trip hazard and also indicates a resident doesn't have their walking aid.

