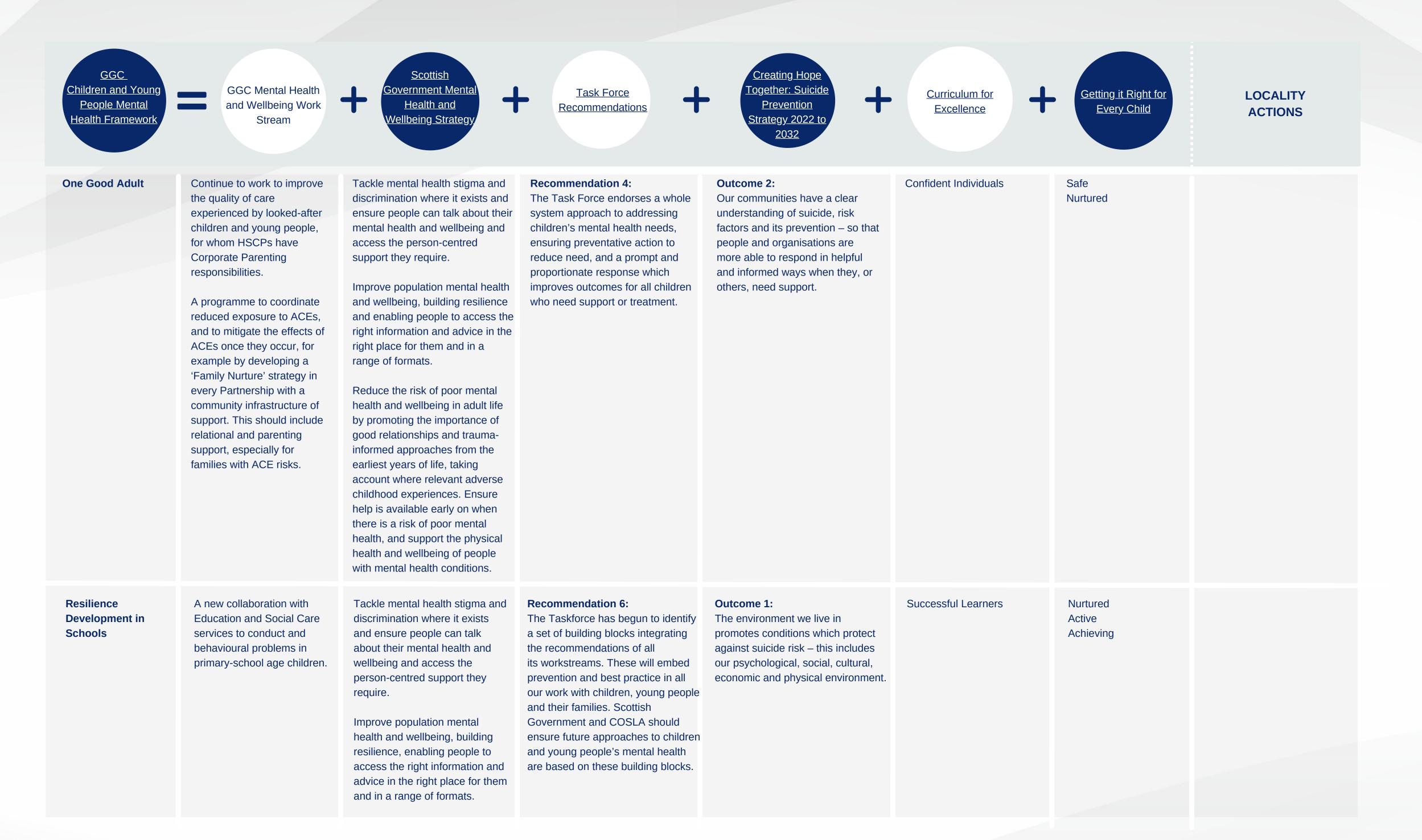
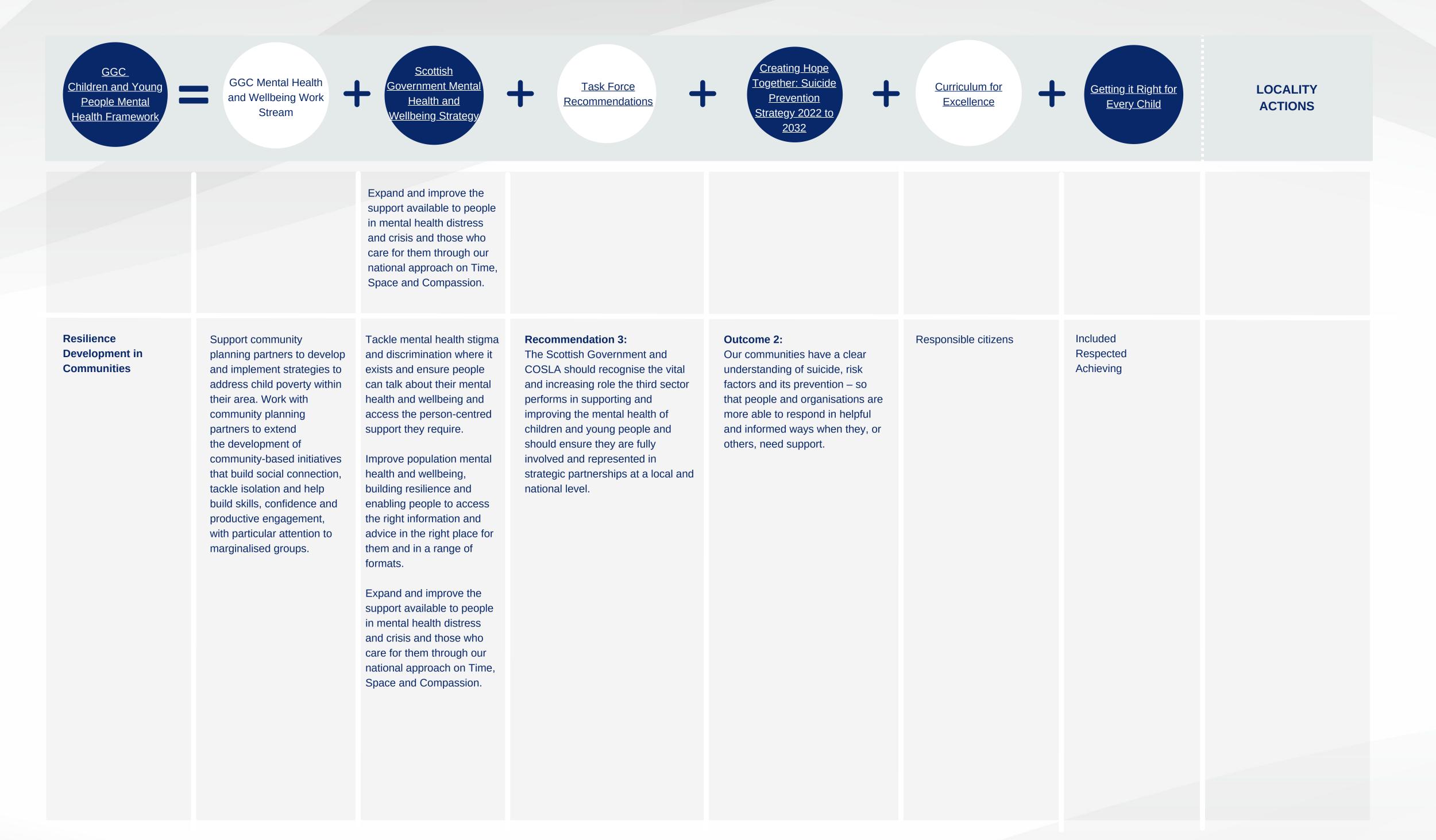
# Children and Young People - Mental Health Improvement Policy Landscape





A resource to support the planning and delivery of children and young people mental health improvement activity in Greater Glasgow and Clyde. Underpinned by the evidence-based <u>Greater Glasgow and Clyde Children and Young People Mental Health Improvement Framework</u>, it illustrates recommendations and links to key mental health policy drivers.







GGC Mental Health and Wellbeing Work Stream





Task Force Recommendations



Creating Hope
Together: Suicide
Prevention
Strategy 2022 to
2032



Curriculum for Excellence



LOCALITY ACTIONS

# **Guiding Through The Service Maze**

Continue to improve processes that promote more integrated working across Adult Mental Health Services and Children and Family services. A new collaboration with Criminal Justice services to develop and implement a Mental Health strategy for young people involved in the justice system, including early intervention access services.

Tackle mental health stigma and discrimination where it exists and ensure people can talk about their mental health and wellbeing and access the person-centred support they require.

Improve population mental health and wellbeing, building resilience and enabling people to access the right information and advice in the right place for them and in a range of formats.

Increase mental health capacity within General Practice and primary care, universal services and community-based mental health supports. Promote the whole system, whole person approach by helping partners to work together and removing barriers faced by people from marginalised groups when accessing services.

Improve mental health and wellbeing support in a wide range of settings with reduced waiting times and improved outcomes for people accessing all services, including CAMHS and psychological therapies.

## **Recommendation 5:**

Scottish Government and COSLA should support future investments in children and young people's mental health that prioritise early intervention and prevention approaches.

### **Recommendation 10:**

Building on existing work, the Scottish Government should commission a quality/ performance improvement plan to improve consistency, in the short term, of CAMHS performance and CAMHS acceptance criteria. This will be of particular importance given the £4m investment in CAMHS to ensure there is a measurable improvement, in line with Taskforce recommendations, as a result of this investment.

### Outcome 3:

Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support — which promotes wellbeing and recovery. This applies to all children, young people and adults who experience suicidal thoughts and behaviour, anyone who cares for them, and anyone affected by suicide in other ways.

### Outcome 4:

Our approach to suicide prevention is well planned and delivered, through close collaboration between national, local and sectoral partners. Our work is designed with lived experience insight, practice, data, research and intelligence. We improve our approach through regular monitoring, evaluation and review.

Effective contributors

Healthy Included

