

# Alcohol and Drug Snapshot

## December 2023



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Christmas is said to be a time for connecting with friends, family and having fun. It can also be one of the toughest times of the year for people who are affected by alcohol and drugs.

People may not be able to access the services that would normally offer support, if they are closed during the festive period.

In this Snapshot we have included a range of services that are available across Greater Glasgow and Clyde to support over the festive period.

Stay Safe, Stay Connected and Best Wishes from the NHSGGC Alcohol and Drugs Health Improvement Team.



Please note that the services listed below are a guide and opening times may change. If you or someone you know need an immediate response, please call the emergency services on 999.

### Glasgow

Glasgow City Council Neighbourhoods and Sustainability Department has produced a booklet to be given out by various partner agencies to anyone they come across who is homeless or in need of assistance.



Recovery communities across Glasgow also offer support and services for individuals and families who are affected by alcohol and drugs. You can find out more information on local recovery support services by clicking their logo below.



### Renfrewshire

Renfrewshire have developed two resources\* that include a range of activities and services that are open during the festive period.



\*Please note that these resources are too large to link and can be found attached to the December 2023 Snapshot email.

### East Renfrewshire



Glasgow Council On Alcohol offer a counselling service to anyone affected by alcohol use. Helpline will be available during the office hours. The number is 0808 802 9000.

This service will be closed 25th and 26th December and 1st and 2nd January and resume on 3rd January.



The Mobile Harm Reduction Service is an outreach service that is active in the community 10am – 4pm Monday-Thursday excluding 25th and 26th December and 1st and 2nd January.

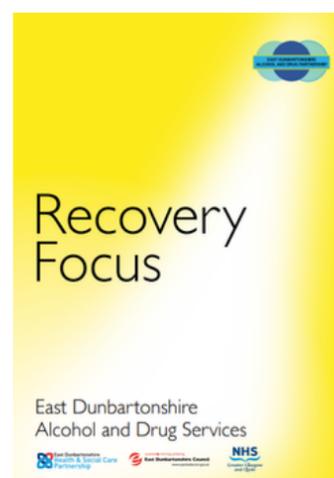
## Inverclyde Alcohol and Drug Recovery Service

Call: 01475 715 353

Address: The Wellpark Centre, 30 Regent Street, Greenock PA15 4PB

## East Dunbartonshire

'Recovery Focus' is a booklet that provides information on the Alcohol and Drug Services and recovery support available in East Dunbartonshire. This information includes opening days/hours and contact details of these services. Copies are available to download on the East Dunbartonshire Health and Social Care Alcohol and Drug Recovery Service.



## West Dunbartonshire

### West Dunbartonshire Addiction Services (Clydebank)

Call: 0141 562 2311

Address: 120 Dumbarton Road, Clydebank G81 1UG

### West Dunbartonshire Addiction Services (Dumbarton)

Call: 01389 812 018

Address: Joint Hospital, Cardross Road, Dumbarton G82 8JA

## Other Support Services and Websites



Alcohol and Recovery Drug Services are joint Social Work Services and Health Addiction Teams. Click on the NHS GGC Logo to access the contact details for both central and local ADRS Services



Scottish families helpline will close on – Friday 22nd December and resume on Wednesday 3rd January. For further info visit their website.



Simon Community provide information, advice, care, support, accommodation & homes to people experiencing, or at risk of, homelessness.



Breathing Space advisors provide listening, information and advice for people in Scotland feeling low, stressed or anxious.



Samaritans offer free and confidential support 24 hours a day.



Know the score is a website that provides information and support on drugs.



We Are With You offer free, confidential advice on drugs or alcohol.