



NHS Greater Glasgow and Clyde Alcohol and Drugs Health Improvement Team – “SNAPSHOT” May 2022

Welcome to the latest edition of SNAPSHOT. It is prepared by NHS GGC Health Improvement Alcohol and Drugs team. The purpose is to collate and distribute small pieces of up-to-date information obtained from various sources e.g. events, training, reports etc. to share with colleagues with an alcohol/drugs remit. It isn't aimed at the general public or people accessing services but if they found it helpful that is great.

Events

Faith, families and recovery

Alcohol Change UK and Adfam

12 May, 10–11.30am

[Find out more](#)

Alcohol: Sharing the truth

Share Shrewsbury

19–20 May

[Find out more](#)

Navigating the complexity of harm and care: a qualitative study of self-harm and alcohol use

Scottish Health Action on Alcohol Problems

23 May, 12.30–2pm

[Find out more](#)

‘I’m just getting the impression I have to sort myself out’: How people with co-occurring heavy alcohol use and depression describe the care they receive in a fragmented health system

Royal College of General Practitioners and Addiction Professionals

21 June, 12.30–2pm

[Find out more](#)

General Information/Blogs

[Deaths from Alcohol Increased Exponentially in 2020. What Now? | Tufts Now](#)

[Was I really an addict? How the pandemic made me realize I had an alcohol problem | Life and style | The Guardian](#)

[Women in an open prison: Can we make alcohol screening and brief interventions work for them? \(shaap.org.uk\)](#)

[Stigmatising language, drugs, twitter and tea-breaks - SSA \(addiction-ssa.org\)](#)

[Online alcohol sales: a problem on our doorstep? | Alcohol Change UK](#)

Useful Websites

Scottish Families Affected by Alcohol & Drugs

Scottish Families Affected by Alcohol and Drugs is a national charity that supports **anyone** concerned about someone else's alcohol or drug use in Scotland.

www.sfad.org.uk

The Scottish Drug Services Directory

This online directory has been developed to help people access contact information and details for over 200 agencies in Scotland who can help with drug treatment and care.

www.scottishdrugservices.com

If you would like to contribute to "SNAPSHOT" or have any comments please email: ggc.mhead@ggc.scot.nhs.uk