

NHS Greater Glasgow and Clyde Alcohol and Drugs Health Improvement Team – “SNAPSHOT” March 2022

Events



Online Conference

International Women's Day, Harm Reduction for women who use drugs

Tuesday 8th March 2022

13.30 – 17:00

[Register for free here](https://sdf.org.uk/events)

You can reserve your place at the event by registering at

<https://us06web.zoom.us/meeting/register/tZApdOmgqT0vGdWVjLSazIw3WyuXjwKA1cOx>

*Speakers subject to change

Tackling stigma around alcohol harm

The NHS Addictions Provider Alliance have launched their [#StigmaKills](#) campaign, highlighting the devastating effect stigmatising language and behaviours can have on individuals and their families, and breaking down myths and misconceptions around addiction.

[Research has demonstrated](#) that stigma presents a powerful barrier to help-seeking. Moving away from binary terms such as 'alcoholic' towards framing alcohol use as on a continuum could increase problem recognition and reduce overall stigma.



Public figures talking openly about their own experiences can also help in the pursuit of a less stigmatising understanding of alcohol problems.

Use the campaign hashtags [#StigmaKills](#), [#WeAllKnowSomeone](#), and [#SeeThePersonHearTheirStory](#) to join the discussion about the impact of stigma.

Dates for the Diary

Report launch: Alcohol management in Deep End practices

Scottish Health Action on Alcohol Problems (SHAAP) invite you to join them online on Wednesday 9 March from 11:00-12:00 GMT for the launch of a new University of Stirling, University of Dundee and SHAAP report: Alcohol management in Deep End Practices. Tickets are free.

<https://www.eventbrite.co.uk/e/alcohol-management-in-deep-end-practices-tickets-64300719567>

Reading/Research

Alcohol Focus Scotland highlight in the information below sugar content in wine.

[Sugar content in wine revealed: Health experts deem alcohol labelling 'woefully inadequate' \(alcohol-focus-scotland.org.uk\)](http://alcohol-focus-scotland.org.uk)

A new study from ScienceDaily looks at increased mortality risk among current alcohol abstainers and how that might largely be explained by other factors.

[Drinking alcohol to stay healthy? That might not work, says new study -- ScienceDaily](http://ScienceDaily)

A World Heart Federation Brief on Cardiovascular health – Myths and Measures.

[WHF-Policy-Brief-Alcohol.pdf \(world-heart-federation.org\)](http://world-heart-federation.org)

Marketing

Sugar content in wine revealed: Health experts deem alcohol labelling 'woefully inadequate'

<https://ahauk.org/news/sugar-content-in-wine-revealed-health-experts-deem-alcohol-labelling-woefully-inadequate/>

If you would like to contribute to "SNAPSHOT" or have any comments please email: ggc.mhead@ggc.scot.nhs.uk