Before Surgery

- Bring a note of your current medication
- The appointment will last approximately one hour
- Eat a normal breakfast/lunch
- Wash feet and remove all nail varnish
- Bring open toed sandals/roomy shoes to accommodate dressing
- Obtain sterile dressings/plasters for after surgery
- Anyone under the age of 16 must be accompanied by a parent or guardian

After Surgery

- You should avoid walking long distances, wear tight shoes or be involved in sport for at least a week after surgery

Should there be any change to your proposed procedure this will be fully discussed and agreed with you prior to gaining your informed consent.