

Mobile Skills Unit

Developing clinical skills for care home staff



The Mobile Skills Unit (MSU) is a state of the art mobile training facility, which is available across Scotland, to enhance the delivery of clinical skills training and education. It provides a safe learning environment and simulation equipment.

Building on the momentum of its last outing, the MSU returned to the NHSGGC area from the 20 - 24 of October 2025, this time visiting 3 care homes. The CHC team trained over 100 care home staff over the course of the week.

Following consultation the clinical skills program included:

- ABCDE Assessment
- Venepuncture
- Male catheterisation (Refresher)
- Wound care

Additional classroom sessions included:

- Delirium risk reduction
- Palliative care for carers
- Strength and balance (Taster)
- Syringe pumps



ABCDE Assessment



This session focused on supporting the identification and escalation of a deteriorating resident. Allowing care home registered nurses (RNs) to undertake systematic assessment and corresponding actions to support residents while waiting for help.

Session outcomes included:

- Use of deterioration tools
- Structured A to E assessment with discussion and simulation
- Undertaking timely escalation



“ I learned lots from the session, everything was explained very well with lots of detail and I enjoyed learning here. ”



Wound care



A practical and interactive session providing practitioners with essential knowledge and skills needed for effective wound assessment, wound swabbing and packing.

The session included:

- Identifying signs of wound infection, including when to escalate care or seek specialist input.
- Wound assessment technique and a demonstration of wound swabbing for microbiological testing.
- Simulation of wound packing techniques based on wound type, depth, and clinical indication.

“ All the things I learned today are very helpful in bringing change and improving my wound care practice' ”



Venepuncture Competency Programme



Part two of the three-step venepuncture training programme was delivered on the MSU

Step 1: Online workbook and assessment

Step 2: Practical workshop for simulation

Step 3: A period of supervised practice in the care home



This three-step approach helped ensure attendees were well prepared, confident, and developed their competence to carry out venepuncture safely.



“Enjoyed the session made to feel comfortable and well informed about the procedure. Not rushed with time to practice and learn.”

“I was nervous at first but once my opportunity to practice came around, I was reassured and it is great learning. A fantastic opportunity...”

Male Catheterisation (Refresher)

Our Male Catheterisation sessions provided an opportunity for experienced care home nurses to refresh their skills

Session structure included:

- Anatomy and physiology of the urinary system
- Underpinning theory
- Simulation
- Identify potential complications and discuss appropriate actions to prevent or treat these complications



“Good to have the opportunity to practice with supervision and improve my confidence”

“This course enhanced my existing knowledge regarding male catheterization and built more confidence.”

Delirium Risk Reduction



This session explored the recognition, causes, and management of delirium, with a focus on supporting care home residents and improving outcomes through timely intervention.

“ I learned a great deal about delirium and how to differentiate between dementia and delirium ”

Syringe Pumps

This train the trainer session was designed to enhance RN knowledge regarding the set-up, use and ongoing management of a BD Bodyguard T syringe pump.

Part of a Quality Improvement project, this training is seeking to develop appropriate and sustainable syringe pump training for care home nurses

“ I’m well equipped through this training and competent to provide training to my colleagues. ”

Palliative Care for Carers

Open to all care home staff, this introduction to palliative care increases participants understanding of what palliative care is and helps them consider their role in it.

“ I enjoyed the in-depth discussion and inclusion of participants ”



Strength and Balance (taster)

This interactive taster session explored the importance of physical activity for care home residents, with a particular focus on strength and balance.

It covered why staying active matters, the evidence around strength and balance training, what the programme involves, data and feedback so far.

“ I really enjoyed the session and would be interested in learning more and taking this resource forward ”

Thank You!



A huge thank you to the teams and managers at Little Sisters Of the Poor Holy Rosary, Golfhill and Campsie View for such a warm welcome.

Many thanks to HSCP colleagues in East Dunbartonshire, Glasgow City and Inverclyde.

Thank you to colleagues at CSMEN, NES and The Blood Transfusion Service for your support with logistics.

Most of all, a massive thanks to all Care Home staff who took time to attend, participate and bring the MSU to life.

March 2026!

DON'T MISS OUT!

We are already planning our next event, for March 2026. If you'd like to hear about the programme once it's ready, please click [here](#) or scan the QR code to stay updated.





Care Home Clinical Skills Opportunity

March 2026

We are bringing the Mobile Skills Unit to Greater Glasgow and Clyde Care Homes in 2026.







[Click here or scan QR code to register your interest for March event.](#)

Get involved



There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice
- Follow us on social media.



Visit our website at www.nhsggc.scot/carehomecollaborative for up to date resources and training