Mental Health Improvement and Early Intervention Framework for Children and Young People and Whole School Approach to Loss & Bereavement



One Good Adult

Communication is key in supporting children and young people experiencing loss and bereavement.

They need the opportunity to talk to a trust adult

Resilience Development in Schools

Encourages schools to offer curricular opportunities to support the development of resilience in coping with the impact of loss and bereavement

Resilience Development in Communities

Youth organisations provide a safe space for children and young people and can support them to develop healthy coping strategies for managing their grief

Guiding Through the Service Maze

Encourages staff to work in partnership with local agencies to provide support and signpost children, young people and families affected by loss and bereavement

Responding to Distress

Participation in loss and bereavement training can help staff feel confident and equipped to intervene and help children and young people during this time

Peer Help and Social Media

Experiencing loss and bereavement can be deeply sad for children and young people, being around their peers can help provide a relief from grief

Evidence demonstrates that there is no single intervention, therapy or programme that delivers mental wellbeing at a population level. Rather that children and young people require a number of prerequisites to develop resiliently and that these prerequisites span the school, family and community life of young people.

The strategy is underpinned by tackling poverty, disadvantage & inequalities as well as having Getting it Right for Every Child core values and principles at the heart of it.