NUTRITIONAL SPECIFICATION FOR MEAL VENDING

Complicance Criteria:

 Healthy Living Award / Healthy Living Award Plus <u>www.healthylivingaward.co.uk</u>

Policy Outcome:

• All Meal Vending will achieve HLA criteria

Summary of Key Requirements / Criteria:

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Product range	 70% of the product range must meet the healthyliving nutrient specifications At least 1 healthyliving item must be available for each type of product. The product range should include offers sensitive to religious dietary requirements.
Nutritional composition and content	 Starchy foods must form the main part of most meals. Levels of fats and oils, particularly saturated fat, must be kept to a minimum. Levels of salt must be kept to a minimum. Levels of sugar must be kept to a minimum. Fruit and vegetables must be clearly available.
Promotion	 healthyliving items must be prominently positioned and should be priced competitively with other products Meal deals – must contain fruit and or vegtables