

For the next eight questions I would like you to show me how relaxed or worried you get about the dentist and what happens at the dentist. To show me how relaxed or worried you feel, please use the simple scale below. The scale is just like a ruler going from 1 which would show that you are relaxed, to 5 which would show that you are very worried.

- 1 would mean : relaxed / not worried
- 2 would mean : very slightly worried
- 3 would mean : fairly worried
- 4 would mean : worried a lot
- 5 would mean : very worried.

How do you feel about ...					
...going to the dentist generally?	1	2	3	4	5
...having your teeth looked at?	1	2	3	4	5
...having your teeth scraped and polished?	1	2	3	4	5
...having an injection in the gum?	1	2	3	4	5
...having a filling?	1	2	3	4	5
...having a tooth taken out?	1	2	3	4	5
...being put to sleep to have treatment?	1	2	3	4	5
...having a mixture of "gas and air" which will help you feel comfortable for treatment but cannot put you to sleep?	1	2	3	4	5

Total score out of 40 =