

Your doctor has referred you for a Nuclear Medicine Sentinel Lymph Node scan.

It is important that you read the enclosed booklet “**Information about your Nuclear Medicine Test**” with this leaflet.

## **What is a Sentinel Lymph Node Scan?**

A Sentinel Lymph Node scan is a simple test that helps your Surgeon find your lymph nodes during surgery.

## **Do I need to do any special preparation before the Sentinel Lymph Node Scan?**

There is no special preparation for this test. If you are to attend for surgery on the same day as your scan please follow the instructions for fasting you have been given. If you are not going for surgery on the same day you can eat and drink as normal.

## **What does a Sentinel Lymph Node Scan involve?**

A Sentinel Lymph Node scan involves an injection of a small amount of radioactive liquid into your body near the site of your operation. This liquid drains into and follows the path of your lymphatic system. The liquid may then travel to nearby lymph nodes.

After a short wait we will take pictures of your chest. If lymph nodes are seen the technologist performing your scan will place some marks on your skin with a marker pen, this is to help the surgeon in theatre.

## **How long does the scan last?**

Scans typically last up to 30 minutes

## **Your appointment**

If you can't make this appointment please tell us as soon as possible – we can arrange another appointment.

## **Pregnancy and Breastfeeding**

Where possible we try to avoid performing Sentinel Lymph Node scans on patients who are, or may be pregnant. Therefore please contact the department if you are:

- Pregnant
- Breast-feeding
- You think you could be pregnant

**If you are booking transport through the Scottish Ambulance Service please contact them as soon as possible and advise them you will be in the department for approximately 1 hour.**