

# Information about your Nuclear Medicine SeHCAT Scan

Your doctor has referred you for a Nuclear Medicine SeHCAT Scan.

**Please Note:** This study requires you to attend for two appointments that are one week apart.

Details of your appointments, along with directions to our department, are enclosed. Your appointment details are given below:

Day 1:.....	Date:.....	Time: .....
Day 2:.....	Date:.....	Time: .....

It is important that you read the enclosed booklet “**Information about your Nuclear Medicine Test**” with this leaflet.

## What is a SeHCAT Scan?

A SeHCAT scan is a simple test that lets us take pictures of your abdomen (stomach). We use these pictures to measure how much bile acid your body is absorbing.

## Do I need to do any special preparation before the SeHCAT Scan?

**Please fast from midnight on:** \_\_\_\_\_ . You can take small sips of water until your appointment.

If you are taking the following medication you should stop this for 1 week before your first appointment and for 7 days after your appointment.

### Bile Acid Sequestrants

- Colestyramine
- Colestipol
- Colesevelam

The week between your 2 appointments please try not to use the following:

### Anti-diarrhoeals

- Loperamide
- Codeine

**Please bring any other medicines which you would normally take during the day.**

## What does a SeHCAT Scan involve?

### Day 1:

You must fast from midnight the day before you attend for your scan (please see the date above). When you arrive at the department we will take a picture of your abdomen - this will take around 20 minutes. We will then give you a capsule which contains a small amount of radioactive material which you may take with a glass of water. After a wait of approximately 3 hours we will take a further picture of your abdomen.

During this time you can leave the department or stay with us. After you have taken your capsule you must continue to fast until you have had your first picture taken. After your picture is taken you can eat and drink as normal.

### Day 2:

We will take more pictures of your abdomen on the second day, this time taking around 20 minutes.

## Your appointment

If you can't make this appointment please tell us as soon as possible – we can arrange another appointment. **It is essential that you attend both appointments.** Please phone the number on your appointment letter.

## Pregnancy and Breastfeeding

Where possible we try to avoid performing SeHCAT scans on patients who are, or may be pregnant. Therefore please contact the department if you are:

- Pregnant
- Breast-feeding
- You think you could be pregnant

**If you are booking transport through the Scottish Ambulance Service please contact them as soon as possible and tell them that you will be in the department for approximately 4 hours for your first appointment, and 1 hour for your second appointment.**