

Information about your **Nuclear Medicine Liquid Gastric Scan**

Your doctor has referred you for a Nuclear Medicine Liquid Gastric Scan.

It is important that you read the enclosed booklet “**Information about your Nuclear Medicine Test**” with this leaflet.

What is a Liquid Gastric Scan?

A Liquid Gastric scan is a simple test that lets us take pictures to see how liquid passes through your stomach.

Do I need to do any special preparation before the Liquid Gastric Scan?

Yes, please fast from midnight the night before your test. This means no food or drink including chewing gum. However, you may sip small amounts of water when fasting.

Please avoid smoking or using any nicotine replacements (gum or patches) on the morning of your appointment.

Please contact the department beforehand

If you're diabetic, have any special dietary requirements or have mobility problems.

Medication

Please continue to take your current medications as normal, unless your doctor advises you to stop them for this test. Please also bring a list of your current medication with you to the test.

Diabetic Patients

Please bring your diabetes medication (e.g. insulin) and blood glucose monitor with you, if you have one. You will then be able to take your diabetic medication as normal and if taking insulin, monitor your blood glucose level and adjust your insulin as needed for the test.

What does a Liquid Gastric Scan involve?

A Liquid Gastric scan involves drinking water with a small amount of radioactive material through it. A Gamma camera will then take pictures of your stomach and abdomen.

After the test you can eat and take medication as normal.



How long does the scan last?

Scans typically last approximately 30 minutes.

Your appointment

If you can't make this appointment please tell us as soon as possible – we can arrange another appointment.

Pregnancy and Breastfeeding

Where possible we try to avoid performing Liquid Gastric scans on patients who are, or may be pregnant. Therefore please contact the department if you are

- Pregnant
- Breast-feeding
- You think you could be pregnant

If you are booking transport through the Scottish Ambulance Service please contact them as soon as possible and advise them you will be in the department for approximately 1 hours.