Information about Your Bone Health Appointment

NHS
Greater Glasgow and Clyde

You are on the waiting list to see someone about your bone health. This appointment may be labelled as:

- Endocrinology
- Bone Health
- Mineral Metabolism.

You will see a doctor or a pharmacist at this appointment who will discuss your bone health with you, and if necessary, treatment for osteoporosis (thinning of the bones).

While you are waiting there are some things you can do. These will help us treat you as soon as possible.

1. If you are not already on vitamin D tablets, please speak to your GP or pharmacist about this. These may be Accrete D3, AdcalD3 or Sterexol D3.
2. Please see your dentist and tell them you are waiting to see us about medicines for your bones as these can affect your jaw. Seeing the dentist before your appointment means that if you need treatment we can start this quickly when we see you.
3. If you would like some more information while you are waiting, please look at the Royal Osteoporosis Society website 🌐 **https://theros.org.uk/**
4. If you decide for any reason that you don't want to attend this appointment, please cancel it so we can offer it to someone else. The phone number is on your appointment letter or please phone ☎ **0800 592 087**

Yours sincerely,

The Bone Health Team in the Royal Alexandra and Vale of Leven Hospitals