

## How to collect the sample

- Wash your hands and genitals with soap and water. Please make sure you remove all soap and dry thoroughly.
- Please use the container provided.
- You must collect the sample by masturbation, collecting **all the fluid** directly into the container. **Incomplete samples** may lead to inaccurate results and therefore we will not examine it.
- **Do not use a condom** for collection, as they contain a spermicidal agent harmful to sperm.
- Seal the container immediately afterwards, making sure the lid is on tightly.
- Put the container into the plastic specimen bag provided (make sure the bag is completely sealed). Keep it at body temperature, (e.g. in an inside pocket) between collecting it and delivering it to the laboratory.

## Difficulty in Sample Production

If, due to psychological issues or religious beliefs, you have difficulty in producing a sample, please contact your referring clinician or GP who will be able to give you specialist advice.

## Attending for your Appointment

You should report to the reception desk on the ground floor of the Laboratory FM Building (Map Ref 17). The staff will direct you to the Andrology Laboratory.

When you arrive at the Laboratory, a member of the Laboratory staff will meet you. They will check to confirm that all the required details have been completed correctly.

## Patient questionnaire

The Pathology Department are committed to continually reviewing and improving our service. Whilst attending your appointment, we will ask you to complete a questionnaire. This will only take 5 minutes to complete, your answers will remain anonymous, and will not affect your care.

**Please Note:** We will not provide any materials to assist in sample production. Limited wifi is available if required.

PATH-AND-LI-001 Version 3.1



Information about

# How to Provide a Seminal Fluid Sample for Sub-fertility Investigation

**Please read this leaflet as it tells you important information about providing your sample.**

## Pathology Laboratory

Queen Elizabeth University Hospital  
1345 Govan Road  
Glasgow, G51 4TF

☎ 0141 354 9487  
(Map ref: 17)

Your clinician or GP will give you a suitable container, request form and travel information to the Queen Elizabeth University Hospital Glasgow.

### **Arranging an appointment**

**You will need to make an appointment to hand in your sample.**

You can make an appointment by telephoning the Pathology Department Office at the Queen Elizabeth University Hospital Glasgow on:

**☎ 0141 354 9487, option 1**

**'Patients Making Appointments'.**

**You must deliver samples within 40 minutes of collection.**

If you have difficulty in getting your sample within 40 minutes of collection, please book the facilities on site to produce your sample.

**Note: The patient facility is not available if you have arranged to drop your sample off. It is only available if it has been booked at the time of making your appointment.**

If you arrive at the Department without an appointment or are late for your appointment, we may be unable to process your sample at this time.

**In this instance we will ask you to make another appointment.**

### **Text Message Service**

When telephoning the Department to make an appointment, we will offer you a text message reminder for your appointment.

If you agree to this, we will send a text message reminder 24 hours before your appointment.

### **Interpreter Services**

If you need an interpreter or British sign language interpreter the Pathology Department can arrange this for you. Please telephone:

**☎ 0141 354 9488**

9am - 5pm Monday - Friday to request one.

### **Cancelling your appointment**

If you are unable to make your appointment, please telephone the Pathology Department Office on

**☎ 0141 354 9487 option 1**

**'Patients Making Appointments'**

9am - 5pm, Monday - Friday

This may allow another patient to use your appointment slot.

### **Collection of the sample**

Before you produce your sample:

There should be some form of sexual activity 2-7 days before you produce your sample. However, there should be no sexual activity, including masturbation, in the 48 hours before you collect your sample.

### **Use of Lubricant**

Please do not use lubricant when collecting your sample as this may affect your results.

### **On the container write your:**

Name

Date of birth

CHI Number (if available)

Date and time of sample collection

**Note: if the container does not have a label we will not examine the sample.**

### **On the request form:**

Please make sure all sections of the request form, including requesting clinician, are completed.

**Note: We may reject incomplete forms, resulting in you having to make another appointment.**