

**Please follow the instructions below:**

1. Please continue to take any heart medications you may already be prescribed.
2. Bring a list of all your current medications you are taking to the department.
3. Avoid any drinks containing caffeine for the **12 hours before** your appointment such as tea, coffee, energy drinks etc. This is to make sure you have a slow steady heart rate for the scan.
4. Your appointment will be **one hour before your actual time** to make the necessary preparations for a successful scan.
5. On arrival at the x-ray department we will ask you to change into a hospital gown. We will check your blood pressure, pulse, weight and height.
6. We will ask you questions relating to your scan. Depending on the results of these questions we may give you medication to slow your heart rate down.
7. We will insert a small plastic cannula (tube) into a vein in your arm (usually the right arm) to allow us to inject contrast dye for the scan to show up the arteries around your heart.
8. The CT scan is very quick examination (8 -30 seconds). However the scan may take up to **20 minutes** during which time you are lying on the table. This is mostly preparation time.

**Any other questions?**

Please ask the staff if you have any questions.