

NUTRITIONAL ASSESSMENT IN NHSGGC MENTAL HEALTH IN PATIENT SERVICES:

A nutritional assessment must be undertaken and recorded on the EMIS In Patient FFN template within 1 day of admission.

This includes:

- Hospital, ward, date and time of admission
- Mental health, long term condition/s or physiological needs
- Assess refeeding risk
- Assess if physical assistance is required for eating and drinking including chewing and swallowing
- Personal dietary needs
- Specialised/Therapeutic diet requirement
- Prescribed nutritional support

It may be necessary to involve relatives and carers as well as the patient to collect all this information.

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