



# NHS GGC Harm Reduction Training Prospectus 2026

# Overview

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NHS Greater Glasgow and Clyde delivers a comprehensive harm reduction training programme for frontline staff working with people who use drugs.

The programme combines specialist in person training with a structured online learning suite to support workforce development across Alcohol and Drug Recovery Services, pharmacy and third sector services.

Training is designed and delivered by senior harm reduction practitioners with specialist expertise in Injecting Equipment Provision, WAND and stimulant related harm.

## **Delivery and Access**

In person training is delivered across NHS Greater Glasgow and Clyde and in partnership with a range of third sector and community organisations.

Ad hoc training sessions can be requested by email to:  
john.campbell14@nhs.scot

Online modules are available via the NHS GGC harm reduction training platform. Suitable for multidisciplinary staff across health, social care and third sector services. Certificates of completion are available for all modules.

Online training access:

<https://gghb.exchangesupplies.org>

## Training dates and venues for 2026

Date	Course	Venue
9 <sup>th</sup> April 2026	Reducing Harm for People Who Take Cocaine	Parkhead Hub
15 April 2026	Safer Injecting	GADCS
20 <sup>th</sup> April – 1 May 2026	Advanced Harm Reduction Workers Training Programme	GADCS
18 <sup>th</sup> May 2026	Reducing Harm for People Who Take Cocaine	Parkhead Hub
25 <sup>th</sup> May 2026	Image and Performance Enhancing Drugs	GADCS
18 <sup>th</sup> June 2026	Reducing Harm for People Who Take Cocaine	Parkhead Hub
23 <sup>rd</sup> June 2026	Safer Injecting	GADCS
10 <sup>th</sup> Sep 2026	Safer Injecting	GADCS
14 <sup>th</sup> Sep 2026	Reducing Harm for People Who Take Cocaine	Parkhead Hub
22 <sup>nd</sup> Oct 2026	Reducing Harm for People Who Take Cocaine	Parkhead Hub
29 <sup>th</sup> Oct 2026	Image and Performance Enhancing Drugs	GADCS
11 <sup>th</sup> Nov 2026	Safer Injecting	GADCS
16 <sup>th</sup> Nov 2026	Reducing Harm for People Who Take Cocaine	Parkhead Hub
10 <sup>th</sup> Dec 2026	Reducing Harm for People Who Take Cocaine	Parkhead Hub

Cocaine Toolkit training takes place every month and can be scheduled through local ADRS management. For Naloxone training, contact Liz Donaghy (liz.donaghy@nhs.scot) to arrange a session as needed.

# In Person Full Day Training Sessions

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All in person sessions are delivered as full day interactive workshops of approximately six hours excluding breaks. Sessions combine evidence-based teaching, practical skills, scenario based discussion and local service pathways.

## **Safer Injecting**

### **Audience**

Frontline ADRS staff, nurses, pharmacy staff, outreach, accommodation staff and recovery workers.

### **Overview**

This session provides in depth training on safer injecting practice, complications and injecting focused harm reduction interventions. It supports staff to confidently assess risk, deliver effective injecting advice and respond to common injecting related harms.

### **Key topics**

- Circulatory system, injecting and vein care
- Preparation of drugs for injection
- Reducing blood borne virus transmission risk
- Recognising and managing injecting complications
- Equipment selection and safer technique
- GGC Injecting Equipment Provision pathways

## Reducing Harm for People Who Take Cocaine

### Audience

Pharmacy, outreach, accommodation and recovery workers.

### Overview

An in-depth introduction to cocaine and crack cocaine use, patterns of use in Greater Glasgow and Clyde and associated physical, psychological and social harms.

### Key topics

- Cocaine pharmacology and routes of administration
- Current trends and patterns of use in GGC
- Cardiovascular, neurological and mental health risks
- Injecting versus smoking crack cocaine as a risk reduction strategy
- Polydrug use and overdose risk
- Recognising acute toxicity and crisis presentations
- Practical harm reduction advice and brief interventions

## **Cocaine Toolkit – Practice Specific**

### **Audience**

ADRS staff and supporting practitioners working with people who use cocaine.

### **Overview**

An advanced session based on the Cocaine Harm Reduction Toolkit focusing on client engagement, harm reduction and psychosocial interventions for people who use cocaine.

### **Key topics**

- Cocaine pharmacology and methods of administration
- Cocaine related harms and strategies to reduce harm
- Managing binges, crash cycles and dependence
- Injecting cocaine and high frequency use risks
- Overdose and toxicity risks
- Psychosocial Interventions

## **Image and Performance Enhancing Drugs**

**Audience:** ADRS staff, pharmacists, IEP, gym outreach, sexual health, and primary care staff.

### **Overview**

Specialist training on anabolic steroids, peptides and other performance enhancing substances and their associated harms.

### **Key topics**

- Types of IPEDs and patterns of use
- Endocrine disruption and hormonal effects
- Cardiovascular, liver and psychiatric risks
- Injecting practice and infection risks
- Blood test monitoring and interpretation
- Sexual health and fertility implications
- Harm reduction engagement strategies

## **Advanced Harm Reduction Workers Training Programme (Two Week Programme)**

### **Audience**

WAND and Harm Reduction staff

### **Overview**

The Advanced Harm Reduction Workers Training Programme is an intensive two week specialist programme designed to build advanced knowledge, confidence and practical competence among frontline staff delivering complex harm reduction interventions across Greater Glasgow and Clyde.

The programme forms a core element of the regional harm reduction workforce development as it underpins the safe and consistent delivery of WAND and wider harm reduction services. It is delivered twice yearly and is aimed at experienced practitioners working in third sector, health and community based drug services.

The programme is delivered by senior harm reduction specialists in partnership with a multidisciplinary faculty including sexual health, blood borne virus, pharmacy, wound care and national drug trend monitoring experts.

### **Programme Content and Key Topics**

The programme covers a comprehensive range of advanced topics including:

- Understanding Harm Reduction
- Drug Harms in Greater Glasgow and Clyde
- Drug Awareness including heroin, benzodiazepines and synthetic opioids
- Injecting Equipment Provision frameworks and practice
- Advanced Safer Injecting and vein care
- Blood Borne Virus Awareness
- Dry Blood Spot Testing
- Sexual Health and Drug Use
- Drug Trends, RADAR and WEDINOS
- Assessment of Injecting Risk and WAND
- Pharmacotherapy and Medication Assisted Treatment
- Naloxone Framework and Overdose Response
- Wound Identification, First Aid

## **Naloxone**

### **Audience**

Glasgow City Third Sector workforce, including accommodations, IEPs, volunteers and recovery networks.

### **Overview**

A focused practice-based session covering the use of naloxone in overdose prevention, recognising and responding to opioid overdose, and embedding naloxone distribution within frontline harm services.

### **Key topics**

- Opioids and overdose risk factors
  - How naloxone works and limitations
  - Recognising opioid overdose and assessing responsiveness
  - Practical overdose response and recovery position
  - Naloxone products, dosing and repeat administration
  - Post-overdose care, monitoring and onward referral
  - Engaging clients, families and peers in naloxone use
  - Recording, governance and service delivery models
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# Online Harm Reduction Training Suite

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The online training suite provides flexible modular learning to support induction, refresher training and ongoing professional development.

## **Modules available**

- Understanding Harm Reduction
- Drug Harms and Our Response in Greater Glasgow and Clyde
- Injecting Equipment Provision
- Cocaine
- Heroin and Synthetic Opioids
- Benzodiazepines
- Preparing Drugs for Injection
- Responding to Overdose
- Coming soon Ketamine Awareness

John Campbell

IEP Manager NHS GGC

NHS GGC