

Hand Hygiene Monitoring



Site					Ward			
Opportunities	Observer	Date	Time (am/ pm/ night)	Staff Group (Enter N, D, A or O and Profession)	Key Moment (Enter 1,2,3,4 or 5 and task observed)	Opportunity taken ✓ or X	Correct Technique used ✓ or X	Observed Issues
1.								
2.								
3.								
4.								
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11.								
12.								
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17.								
18.								
19.								
20.								

Analysis to determine if hand hygiene is optimal

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	No.	%				
Total number of key moments	20	100				
Total number of opportunities taken						
Total number of Correct Technique						

Notes:

Staff Group: N for Nurse, **D** for Doctor, **A** for Allied Health Professional, **O** for Ancillary & Other staff.

Key moment: 1 for before patient contact, **2** for before aseptic task, **3** for after body fluid exposure risk, **4** for after patient contact, **5** for after contact with patient surroundings

Correct Technique Criteria

Handwashing	Handrubbing
Bare below the elbows (i.e. jewellery and wristwatches should not be worn and sleeves should be at elbow level)	Bare below the elbows (i.e. jewellery and wristwatches should not be worn and sleeves should be at elbow level)
Wet hands and apply liquid soap covering all surfaces of the hands (6 Steps) for	Apply the alcohol based hand rub
20-30 seconds	Rub hands together until dry ensuring that the
Rinse hands	alcohol based hand rub
Dry hands using a paper towel	hands (6 Steps) for 20-30 seconds
Dispose of paper towel using a method that does not recontaminate hands	

Observed Issues

S, jewellery/watches not removed prior to handwashing T, sleeves not rolled up prior to handwashing U,liquid soap applied before hands wet, V, insufficient time/effort spent on handwashing W, hand gel used when hands should have been washed X, after washing taps turned off with hands rather than elbows Z, when disposing of towels, bin opened using hand rather than foot pedal