

Glasgow City Youth Health Service Referral Guidance

Service Aim and Description

To improve the health and wellbeing of young people living in Glasgow City Health and Social Care Partnership (HSCP).

Glasgow City Youth Health Service is holistic and interdisciplinary. Support is available for young people aged 12-19 years experiencing a range of clinical and non clinical issues via 1:1 consultations with Nurses and GPs. A co-ordinated, comprehensive assessment and treatment service is provided with onward referral to other support services where appropriate.

Young people can be seen with the following presentations:

- Sexual health (pregnancy testing, contraception including implants, STI testing and referral for termination)
- Support and counselling for a range of mental health issues e.g. Anxiety, depression, stress & bullying. Onward referral to CAMHS when appropriate
- Drugs, alcohol and risky behaviour
- Relationship difficulties
- Sleep disturbance, screentime, gaming and gambling
- Weight management (Weigh to Go service)
- Social problems such as homelessness, benefit advice, school avoidance etc.
- Advice and support on volunteering, training and employment

Glasgow City Youth Health Service provide a universal service but aims to support those most disadvantaged young people.

Service Provision

The service is delivered in 9 venues across Glasgow City HSCP:

- **North East Glasgow**
 - Easterhouse
 - Shettleston
 - Springburn
- **North West Glasgow**
 - Drumchapel
 - Maryhill
 - Possilpark
- **South Glasgow**
 - Gorbals
 - Govan
 - Pollok

Service staff includes a GP, Nurse, Youth Workers, Counsellors, and Multiple Risk Workers.

Outwith service delivery times, comprehensive wrap around support is provided by the Youth Health Service Nursing Team. This includes liaising with other organisations and support services both statutory and non statutory, and onward referral where appropriate.

Referral Criteria	<p>The young person must meet the following criteria:</p> <ul style="list-style-type: none"> • Live in Glasgow City or be registered with a Glasgow based GP practice • Aged 12-19 years • Young person has consented to referral 																											
Who can refer?	<p>The Glasgow City Youth Health Service operates an open referral system. This facilitates referrals from young people, parents, carers, healthcare professionals, social work services, third sector organisations, education staff and GPs within Glasgow City HSCP. GP practice staff should use SCI Gateway.</p> <p>Informal enquiries are welcome.</p>																											
Process	<p>Referrals to the service can be made by telephone, Monday to Friday 8.30am–4.00pm on 0141 451 2727.</p> <p>GP practice staff should refer using SCI Gateway entering “Youth Health Service” as the referral destination.</p>																											
Location/ Hours of Service	<p><u>North East Glasgow</u></p> <table data-bbox="331 880 1332 992"> <tr> <td>Monday</td> <td>6.30pm-9.00pm</td> <td>Easterhouse Health Centre</td> </tr> <tr> <td>Wednesday</td> <td>6.30pm-9.00pm</td> <td>Shettleston Health Centre</td> </tr> <tr> <td>Thursday</td> <td>6.30pm-9.00pm</td> <td>Springburn Health Centre</td> </tr> </table> <p><u>North West Glasgow</u></p> <table data-bbox="331 1104 1409 1216"> <tr> <td>Tuesday</td> <td>6.00pm-8.30pm</td> <td>Drumchapel Health Centre</td> </tr> <tr> <td>Wednesday</td> <td>6.30pm-9.00pm</td> <td>Possilpark Health & Care Centre</td> </tr> <tr> <td>Thursday</td> <td>6.30pm-9.00pm</td> <td>Maryhill Health & Care Centre</td> </tr> </table> <p><u>South Glasgow</u></p> <table data-bbox="331 1283 1449 1395"> <tr> <td>Monday</td> <td>6.30pm-9.00pm</td> <td>Pollok Health Centre</td> </tr> <tr> <td>Tuesday</td> <td>6.30pm-9.00pm</td> <td>Elderpark Clinic</td> </tr> <tr> <td>Thursday</td> <td>6.30pm-9.00pm</td> <td>New Gorbals Health & Care Centre</td> </tr> </table>	Monday	6.30pm-9.00pm	Easterhouse Health Centre	Wednesday	6.30pm-9.00pm	Shettleston Health Centre	Thursday	6.30pm-9.00pm	Springburn Health Centre	Tuesday	6.00pm-8.30pm	Drumchapel Health Centre	Wednesday	6.30pm-9.00pm	Possilpark Health & Care Centre	Thursday	6.30pm-9.00pm	Maryhill Health & Care Centre	Monday	6.30pm-9.00pm	Pollok Health Centre	Tuesday	6.30pm-9.00pm	Elderpark Clinic	Thursday	6.30pm-9.00pm	New Gorbals Health & Care Centre
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	Last updated 6/09/2021																											