Glasgow City CHP Rehabilitation Service

Service Aims

The service aims to maximise the health gains, independence and care needs of older people and adults with a physical disability within the local community.

The interdisciplinary service will provide a fully coordinated comprehensive assessment within the hospital or community. Treatment plans and reviews will take place within a patient's own home or other appropriate community or workplace setting.

Service Provision

- Expert multi disciplinary and professional clinical assessments by a qualified Rehabilitation Service member
- Provide expert advice to enable signposting to other health or social services / 3RD sector agencies as appropriate.
- Interdisciplinary intervention, this may comprise of all or any combination of the following, in response to an agreed identified need:

Administration

Clinical Pharmacy

Clinical Psychology

Dietetics

General and Psychiatric Nursing

Occupational Therapy

Physiotherapy

Podiatry

Rehabilitation Support Worker

Speech and Language therapy

- Rehabilitation goal focussed input to enhance health status, increase levels of activity, improve level of function and enable access to opportunities for increased participation
- Symptom Management prevention of secondary complications to minimise the impact of further deterioration. This can result in increased comfort for patients and positive advice to carers and relatives. It can also facilitate self-management of condition.
- Education and training Intervention is targeted to achieving present patient centred goals within an agreed timeframe.

Referral Criteria	 The patient will be aged 16 years and over and lives in Glasgow City. The patient is at risk of deterioration in function if immediate ongoing rehabilitation is not provided The patient is medically fit for either for discharge from hospital or to remain at home. The patient can consent to involvement in treatment The patient can benefit from early supported discharge having ongoing nursing and rehabilitative needs, which can be met at home as an alternative to remaining in hospital The GP or unscheduled care staff can refer patients who are medically stable, but have experienced functional deterioration or social breakdown, for priority service assessment as a potential alternative to hospital admission The patient has had an acute episode of illness/injury which requires rapid access to equipment or homecare, that is otherwise unavailable to support them returning/staying at home 	
Who can refer	The Rehabilitation Service operates an open referral system. This facilitates referral from patients , carers, health care professionals, Social Work Services, 3rd Sector or GPs within Glasgow City CHP .	
Process	Referrals to the service will be received to a Single Point of Access. North East Glasgow 0141 201 (1) 3210	
	North West Glasgow South Glasgow	0141 201 (3) 7205 0141 232 (4) 7174
Hours of service provided	Referrals will be accepted between the core hours 0900 – 1700 Monday to Friday via the SPOA. Referrals for GP rapid response admission avoidance require to be processed prior to 3pm Monday to Sunday.	