NHS
Greater Glasgow and Clyde

Information about the Breast Clinic



We have made an appointment for you to attend our Breast Clinic for assessment.

You will see a doctor or specialist nurse who will take a medical history of your symptoms and carry out a breast examination. The doctor will then decide if you need any further tests.

You may have these tests on the day of your appointment. You may need another appointment.

Appointments may take up to 4 hours.

Please do not wear spray deodorant, glitter body lotion or talcum powder on the day of your appointment in case you need a mammogram.

You may have the following tests:

Mammogram

A mammogram is an x-ray of your breasts. It involves gently pressing down your breasts that may cause some discomfort which lasts only for a few seconds. This pressing down is necessary to get a clear image of your breasts and also to reduce the radiation dose to your breast tissue. The examination itself will take approximately ten minutes but you may need to wait up to one hour in the x-ray department as the demand for mammograms is usually high.

Ultrasound

This a painless examination, which involves the use of high-frequency sound waves to produce an image of the breast. We usually use it to assess patients under the age of 40.

You may have an ultrasound after a mammogram if we need more information.

Core biopsy

We will use a needle to take a sample of breast tissue. You will have a local anaesthetic to numb the area.

Test Results

The results from a core biopsy will be available usually within a week as we need to send it to the laboratory for processing.

Further appointments

You may need to return to the clinic for more tests or to get your test results. If you need another appointment we will ask you to arrange this at the clinic reception desk before you leave.


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