Acute Services Division

NHS
Greater Glasgow and Clyde

Information about

Having a minor surgical procedure under Local Anaesthetic



- Gartnavel General Hospital – Day Surgery Unit ☐
- Glasgow Royal Infirmary – Clinic Area A ☐
- Inverclyde Royal Hospital - Day Surgery Unit ☐
- Royal Alexandra Hospital - Outpatient Clinic ☐
- Queen Elizabeth University Hospital - Outpatient Clinic ☐
- New Stobhill Hospital – Day Surgery Unit ☐
- Vale of Leven Hospital - Day Surgery Unit ☐
- New Victoria Infirmary - Outpatient Clinic ☐

Please refer to the enclosed letter which details the hospital, date and time of your appointment.

If you do not attend this appointment and do not contact us we will remove you from the Waiting List and refer you back to your GP.

Preparing for your appointment

- If you are on medication to thin your blood, e.g. warfarin, aspirin, clopidogrel, then please see your GP at least one week before your minor surgical procedure. They will tell you if you need to change your medication for the procedure. If you don't see your GP before your procedure we may have to cancel your procedure.
- If possible please have a shower or bath on the morning of the procedure.
- You can eat and drink as normal.
- It would be helpful to have some painkillers at home, as you may need them.
- Before deciding to drive yourself, think about if your procedure will affect your ability to drive home.

What to bring with you

- Any medication you may need on the day, including inhalers and insulin.

On the day

- You will have a local anaesthetic which will be an injection to freeze the area.
- You should expect to be in the unit for 1-2 hours.
  There is limited space for relatives or friends to wait for you.
  Please do not bring children as there are no child care facilities.
- Before you go home, we will give you information about changing your dressings and removing your stitches.
  Your Practice Nurse at your GP Surgery will do this.

- You will see either a doctor; or a nurse who will have special training to do minor surgery.

Further information for patients having Toenail Surgery

If you have an appointment to have all or part of your toenail removed:

- Please bring a slipper, sandal or loose shoe to wear going home, as you will have a bulky bandage on your toe following surgery.
- Your dressing will need to be changed the next day by your GP Practice Nurse. Please arrange this appointment before attending for surgery. If you don't arrange this we may have to cancel your surgery.
- Because of the dressing, you may not be able to wear your usual footwear and therefore may need to take time off work.



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