



Greater Glasgow
and Clyde

Walton Liver and GI Centre
Ground Floor Walton Building
Glasgow Royal Infirmary
84 Castle Street
Glasgow
G4 0SF

You have recently been referred to the Glasgow Royal Infirmary Liver clinic.

To fully investigate your liver condition you require two initial appointments. The first of these is with one of our Liver Disease Nurse Specialists, this appointment date and time has been enclosed.

This appointment will take place in The Parkhead Hub, 1251 Duke Street, Glasgow, G31 5NZ. Your appointment will last around 30 minutes.

At this clinic one of our Liver Nurse Specialists will ask you some questions and take the blood tests requested by your consultant. This ensures your consultant has the results he/she needs to discuss your liver condition when they see you at your second appointment at Glasgow Royal Infirmary, Address details as above.

Depending on the likely cause of your liver problem you may also undergo a liver fibroscan at this appointment. Please do not have anything to eat or drink other than water for a minimum of 3 hours before your appointment. A leaflet has been enclosed to explain a fibroscan.

PLEASE NOTE - If you do not attend the above appointment then your appointment with the liver consultant will be cancelled.

Glasgow Royal Infirmary looks after a large number of patients with all types of Liver Disease. In order to help us provide the best care possible to all, we ask that you give as much notice as possible if cancelling your appointment. This allows us to use the appointment for another patient.

If you wish to cancel or change your appointment, please telephone our call centre on 0800 592 087 as soon as possible.

Yours sincerely

HAVING a FIBROSCAN

The information sheet has been given to you to explain what a Fibroscan involves and why it is being recommended for you. If you have any questions or concerns please do not hesitate to speak to the Nurse or Doctor caring for you.

What is a Fibroscan and why do I need it

A Fibroscan is a type of Ultrasound that measures the degree of inflammation in your Liver. It is a simple painless test that uses high frequency sound waves.

Your doctor recommended that you have this test to help us understand the condition of your liver

What are the benefits of this Scan?

Having a Fibroscan will help the doctor understand how much scarring is in your liver. This will help him/her plan your treatment.

A Fibroscan is a quick painless test that gives immediate results. It does not have any potential complications or risks and is non-invasive, which means it does not break the skin or enter the body.

Are there any alternatives to a Fibroscan?

The doctor or nurse will explain the alternatives to you in detail. One option is to have a Liver biopsy. This is where a small sample of liver tissue is removed by a needle. A liver biopsy has several disadvantages; for example you need to stay in hospital for several hours after the procedure. It also carries some risks.

What do I need to do to prepare for the scan?

Please do not eat or drink anything for 2hrs before your Fibroscan. If you need to you can take small sips of water or clear liquid, but avoid drinking large amounts of fluid. You should continue to take any prescribed medication.

You will not need to remove any clothing for the scan, but we will need to expose the right side of your abdomen (tummy). Some items of clothing, such as dresses should be avoided on the day of the test. You will not need to remove any jewellery, near the site of the scan, such as belly button piercing.