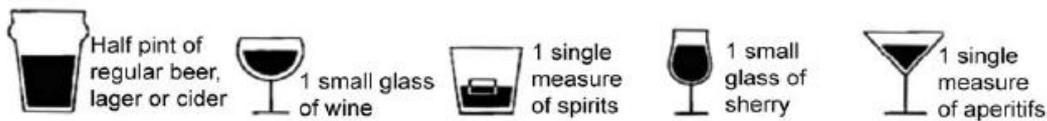


# This is one unit of alcohol...



# ...and each of these is more than one unit



FAST	Scoring system					Your score
	0	1	2	3	4	
1) How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
<p>If the response to question 1 is <b>Never</b> then the patient is not misusing alcohol, stop test here.</p> <p>If the response to question 1 is <b>Weekly/Daily or Almost Daily</b> then the patient is a hazardous, harmful or dependent drinker. Explore further and consider ABI delivery.</p> <p><b>Over 50% of people will be classified using just this one question</b></p> <p>Only consider Questions 2,3 &amp; 4 if the response to Q1 is <b>Less than monthly or Monthly</b></p>						
2) How often during the last year have you failed to do what was normally expected from you because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
3) How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
4) Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested that you cut down?	No		Yes, but not in the last year		Yes, during the last year	

### Scoring:

If score is 1 or 2 on the first question continue with the next three questions

If score is 0, 3 or 4 on the first question – stop here.

**An overall total score of 3 or more is FAST positive.**

