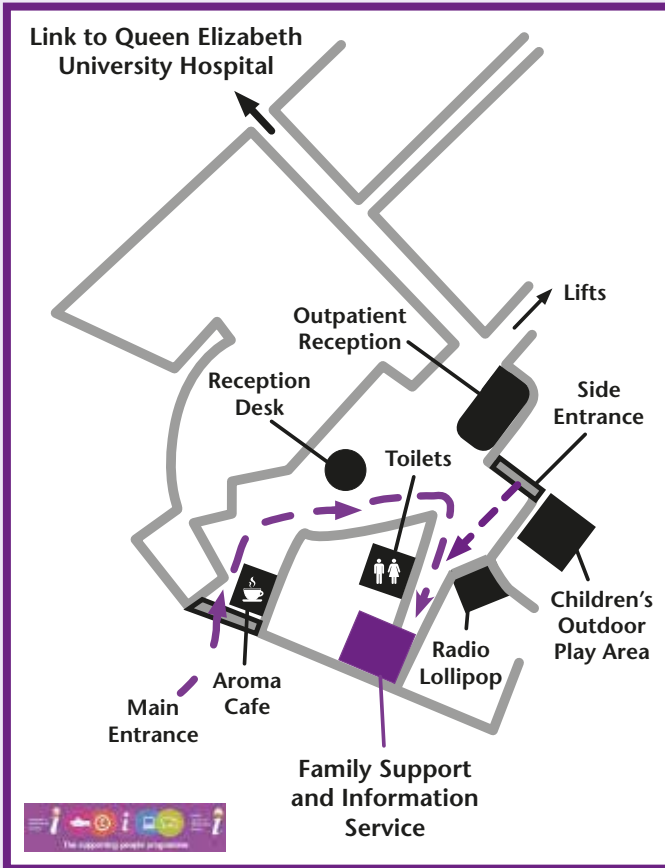




# How to find us



# We can provide

-  Support for carers
-  Money advice
-  Information
-  Internet access
-  A listening ear

## Family Support and Information Service

Ground floor, Main Atrium  
Royal Hospital for Children  
1345 Govan Road  
Glasgow G51 4TF

Telephone: **0141 452 4012**  
Email: **fsis@ggc.scot.nhs.uk**



**Emergency Family Fund support by**



# Royal Hospital for Children



# Family Support and Information Service

[www.nhsggc.org.uk/sis](http://www.nhsggc.org.uk/sis)

## How to find us

Being in hospital can be a worrying time and the **Family Support and Information Service** is there to help.

Whether you are a parent, a family member, a carer, or a member of staff, we offer a friendly, comfortable and confidential environment where there is time for you to ask questions and receive support on any matter that may be important to you or your family.



## A service to suit you

Having the right information and support at the right time is essential.

The 'one-stop shop' approach to our service makes health care more accessible to meet your needs.

Whether you are a parent, caring for someone, or visiting a patient in hospital, we will find you the information and support that you need.

## What we offer

We benefit from working with a wide range of partners to provide a variety of services hosted within our premises.

Our experienced team provide support, information & direct referrals to services that include:

- **Emergency Family Fund**
- **Caring for relatives and friends**
- **Money advice**
- **Anxiety, stress and depression**
- **Health, lifestyle and well-being**
- **Stopping smoking**
- **Alcohol and drugs**
- **Physical activity**
- **Weight management**
- **Pet fostering**
- **Support groups and services**
- **Complaints and concerns about the NHS**

**For more information on how we can help, drop in or contact us on 0141 452 4012.**

**I actually cried with relief when I was in the Family Support and Information Service. The staff listened to me and all my emotional and practical problems. I was made to feel safe.**

**Lindsey Clark  
(Mum)**

**It's comforting to have friendly faces to talk to and also to find out about other services within the hospital.**

**Emma Hall  
(Mum)**

**The Service provides an essential source of emotional and practical support which is highly valued by both families and staff - we couldn't do without it!**

**Dr Joan Burns  
(Consultant Clinical Psychologist)**