After leaving the Clinic

At the end of the Clinic the team meet to discuss their findings. Each member will give their recommendations for you. This may include:

- Medication changes
- Further medical investigations for example R test (a test to monitor your heart rhythm and rate), Echo (a scan to look at the heart) or CT scan.
- Physiotherapy either within the community or at the Day Hospital.
- Advice on Postural
 Hypotension (a condition
 whereby your blood pressure
 drops when you stand up).
- Other treatments.

Appointment Changes

To cancel or change your appointment, please telephone the number on your appointment letter. This may allow us to offer your appointment time to another patient. We need your help to run an efficient service.

Review Date: November 2018

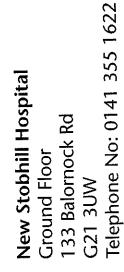


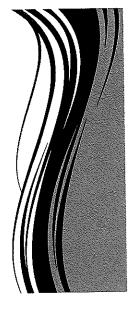
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Information about the

Falls Clinic





of further falls. for your falls and reduce the risk clinic for people who have fallen. The aim is to identify the reason The Falls Clinic is a specialised

and independence. Our aim great impact on your mobility is to optimise your level of risk of injury which can have a independence. Unfortunately falls increase your experienced a number of falls. clinic because you have You have been referred to the

Who will I meet at the Clinic

who all have an interest in falls who have fallen. He is supported who specialises in treating people prevention. by a team of professionals Dr Bowman is the Consultant

The team includes

- Doctors
- Nurses
- Physiotherapists

The Team and their role

Doctors:

Will ask you questions about your falls and your medication.

Carry out a physical examination.

checking your eye sight. tracing), blood pressure and taking bloods, ECG (heart The nursing assessment includes

Physiotherapist

walking pattern. your balance, strength, range of movement, any pain and your The physiotherapist will assess

How long will the clinic last?

expect to be approximately affecting you therefore you can The clinic covers all aspects

What to bring with you

- Appointment letter
- A note of any prescribed drugs
- Any questions

Arrival at the Falls Clinic

direct you to the waiting area. close to the East Entrance. We will which is on the ground floor Please report to the Day Hospital

What to expect

- The length of the appointment will vary so immediate commitments. please have no other
- Your friend or relative can be clothing. need to remove some but not the nurse as you may Doctor and physiotherapist, present when you see the
- If you need to remove any to do this in private. clothing we will give you time
- You will see each member of the team.
- Before leaving you will have a better understanding of what happens next.