

After leaving the Clinic

At the end of the Clinic the team meet to discuss their findings. Each member will give their recommendations for you. This may include:

- Medication changes
- Further medical investigations for example R test (a test to monitor your heart rhythm and rate), Echo (a scan to look at the heart) or CT scan.
- Physiotherapy either within the community or at the Day Hospital.
- Advice on Postural Hypotension (a condition whereby your blood pressure drops when you stand up).
- Other treatments.

Appointment Changes

To cancel or change your appointment, please telephone the number on your appointment letter. This may allow us to offer your appointment time to another patient. We need your help to run an efficient service.

Information about the

Falls Clinic

New Stobhill Hospital
Ground Floor
133 Balornock Rd
G21 3UW
Telephone No: 0141 355 1622



Review Date: November 2018



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Falls Clinic

The Falls Clinic is a specialised clinic for people who have fallen. The aim is to identify the reason for your falls and reduce the risk of further falls.

You have been referred to the clinic because you have experienced a number of falls. Unfortunately falls increase your risk of injury which can have a great impact on your mobility and independence. Our aim is to optimise your level of independence.

Who will I meet at the Clinic

Dr Bowman is the Consultant who specialises in treating people who have fallen. He is supported by a team of professionals who all have an interest in falls prevention.

The team includes

- Doctors
- Nurses
- Physiotherapists

The Team and their role

Doctors:

- Will ask you questions about your falls and your medication.
- Carry out a physical examination.

Nurses

The nursing assessment includes taking bloods, ECG (heart tracing), blood pressure and checking your eye sight.

Physiotherapist

The physiotherapist will assess your balance, strength, range of movement, any pain and your walking pattern.

How long will the clinic last?

The clinic covers all aspects affecting you therefore you can expect to be approximately 1-2 hours.

What to bring with you

- Appointment letter
- A note of any prescribed drugs
- Any questions

Arrival at the Falls Clinic

Please report to the Day Hospital which is on the ground floor close to the East Entrance. We will direct you to the waiting area.

What to expect

- The length of the appointment will vary so please have no other immediate commitments.
- Your friend or relative can be present when you see the Doctor and physiotherapist, but not the nurse as you may need to remove some clothing.
- If you need to remove any clothing we will give you time to do this in private.
- You will see each member of the team.
- Before leaving you will have a better understanding of what happens next.