

# Equality, Diversity and Inclusion Calendar

2024



*Sija and Soju,  
Staff Nurses*



## Introduction

The calendar has been developed as a resource for NHSGGC staff to demonstrate a visible and supportive role which is committed to respecting and celebrating diverse communities, cultures, and faiths. This calendar provides details of all the main religious festivals\*, major national and international days of celebration or memorial which reflect the diverse population of our staff and our community.

### Calendar Key:

	Dates with a circle symbol indicate a national or an inclusion related event/day
	Buddhist Event/Observance
	Christian Event/Observance
	Hindu Event/Observance
	Islamic Event/Observance
	Jewish Event/Observance *All Jewish holidays begin at sundown on the evening before
	Sikh Event/Observance
	Dates with a square symbol indicate a NHSGGC public holiday

We focus further on the six major world faiths - Buddhism, Christianity, Hinduism, Islam, Judaism and Sikhism. This does not mean we do not recognise that there are many more faiths equally as important. We also recognise that a large proportion of our NHSGGC community may have no religion or belief.



Angela, *Consultant Physician*

## Special Days:

1st	New Years' Day NHSGGC Public Holiday
2nd	NHSGGC Public Holiday
4th	World Braille Day
7th	Christmas Day (Orthodox Christian)
17th	Guru Gobind Singh's Birthday (Sikhism)
21st	World Religion Day
24th	24th – 25th Tu B'Shevat (Judaism)
25th	Mahayana New Year (Buddhism)
26th	Thaipusam (Hinduism)
27th	Holocaust Memorial Day

**JANUARY** is Braille Literacy Month • Cervical Health Awareness Month • Alcohol Concern Dry January • Thyroid Awareness Month • National Blood Donor Month

# January 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 	2 	3	4 	5	6	7 
8	9	10	11	12	13	14
15	16	17 	18	19	20	21 
22	23	24 	25 	26 	27 	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11

## February 2024

### Special Days:

1st	World Hijab Day LGBTQ+ History Month begins
4th	World Cancer Day
5th	5th – 11th Sexual Abuse & Sexual Violence Awareness Week
10th	Chinese New Year (Buddhism)
11th	International Day of Women & Girls in Science
13th	Shrove Tuesday (Christianity)
14th	Vasant Panchami (Hinduism)
15th	Nirvana Day (Buddhism)
16th	Care Day
20th	World Day of Social Justice
23rd	International STAND UP to Bullying Day
24th	Maghi (Sikhism)

**FEBRUARY** is *Lesbian Gay Bisexual Trans + History Month* • *UK National Heart Month* • *Raynaud's Awareness Month*



*Michael, Antimicrobial Pharmacist*

# February 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	31	1	2	3	4
						
5	6	7	8	9	10	11
						
12	13	14	15	16	17	18
						
19	20	21	22	23	24	25
						
26	27	28	29	1	2	3
4	5	6	7	8	9	10



*Doug, Head of Organisational Development and Hossein, Senior Learning and Education Advisor – Equality, Diversity and Inclusion Conference – June 2023*

## Special Days:

1st	Zero Discrimination Day Self Injury Awareness Day International Wheelchair Day
3rd	World Hearing Day
8th	International Women's Day Maha Shivaratri (Hinduism)
11th	Ramadan begins (Islam)
13th	13th – 19th Sign Language Week
20th	Hindi New Year / Ramayana (Hinduism)
21st	World Downs Syndrome Day International Day for the Elimination of Racial Discrimination
23rd	23rd – 24th Purim (Judaism)
25th	Holi, Festival of Colour (Hinduism) 25th – 27th Hola Mahalla (Sikhism)
29th	Good Friday (Christianity) NHSGGC Public Holiday
30th	World Bipolar Day Rama Navami (Hinduism)
31st	International Transgender Day of Visibility Easter Sunday (Christianity)

**MARCH** is International Women's History Month •  
Ovarian Cancer Awareness Month •  
Prostate Cancer Awareness Month • Developmental  
Disabilities Awareness Month

# March 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	1	2	3
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				○ ॐ		
11	12	13	14	15	16	17
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18	19	20	21	22	23	24
		ॐ	○			
25	26	27	28	29	30	31
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1	2	3	4	5	6	7

# April 2024

Special Days:	
1st	Easter Monday (Christianity) NHSGGC Public Holiday
2nd	World Autism Awareness Day
7th	World Health Day
8th	International Romani Day 8th – 27th National Stalking Awareness Week 8th – 9th Eid ul Fitr (Islam)
9th	Ramadan ends (Islam) 9th – 17th Chaitra (Spring) Navaratri, fasting for 9 days (Hinduism)
13th	Vaisakhi (Sikhism)
21st	Mahavir Jayanti (Hinduism)
22nd	22nd – 30th Passover (Judaism)
28th	World Day for Health & Safety at Work National BSL Day

**APRIL** is Autism Awareness Month • Stress Awareness Month • National Deaf History Month • Parkinson's Awareness Month



Victoria, *District Nursing Sister*

# April 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
						
8	9	10	11	12	13	14
						
15	16	17	18	19	20	21
						
22	23	24	25	26	27	28
						
29	30	1	2	3	4	5
6	7	8	9	10	11	12



*Judith, Senior Library Assistant*

## Special Days:

5th	International Day of the Midwife
6th	6th – 12th Deaf Awareness Week NHSGGC Public Holiday
12th	Chronic Fatigue Syndrome Day International Nurses' Day
13th	13th – 20th Mental Health Awareness Week
17th	International Day Against Homophobia, Transphobia and Biphobia (IDAHOBIT)
19th	Pentecost/Whit Sunday (Christianity)
20th	20th – 26th Dementia Awareness Week
23rd	Buddha Day (Buddhism)
30th	World Multiple Sclerosis Day

**May** is Mental Health Awareness Month • Hepatitis Awareness Month • Celiac Awareness Month

# May 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	1	2	3	4	5 
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13	14	15	16	17 	18	19 
20 	21	22	23 	24	25	26
27	28	29	30 	31	1	2
3	4	5	6	7	8	9

# June 2024

Special Days:	
5th	World Environment Day
10th	Martyrdom of Guru Arjan (Sikhism) 10th – 16th Carers Week
11th	11th – 13th Shavuot (Judaism)
14th	World Blood Donor Day
15th	Waqf al Arafa (Islam)
17th	17th – 23rd Refugee Week
19th	19th – 26th Learning Disability Awareness Week
20th	World Refugee Day Eid ul Adha (Islam)
24th	24th Armed Forces Week begins
26th	Reserves Day
29th	National Armed Forces Day



*The Black mother and baby mural at the Princess Royal Maternity Hospital at Glasgow Royal Infirmary marks NHS GGC’s commitment to tackling health inequalities in maternal health and baby outcomes in the UK*

**June** is LGBTQ Pride Month • Gypsy, Roma and Traveller History Month

# June 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7





*NHSGGC's BME Network celebrated South Asian Heritage Month on 17 August 2023 with this flag - an evening of South Asian food, music and stories from colleagues with South Asian Heritage about their experience of living and working in Glasgow and the Health Service*

## Special Days:

7th	Islamic New Year
14th	International Non-Binary People's Day
16th	16th – 17th Ashura (Islam)
17th	World Day for International Justice
18th	18th – 17th Aug South Asian Heritage Month
21st	Asalha Puja Day (Buddhism)
30th	World Day Against Trafficking in Persons International Friendship Day

**July** is Make a Difference to Children Month  
• International Women with Alopecia Month •  
International Group B Strep Awareness Month

# July 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3 	4	5	6	7 
8	9	10	11	12	13	14 
15	16 	17 	18 	19	20	21
22	23	24	25	26	27	28
29	30  	31	1	2	3	4
5	6	7	8	9	10	11

# August 2024

Special Days:	
12th	International Youth Day
13th	Obon (Ulambana) (Buddhism)
19th	Rakhsha Bandhan (Hinduism)
23rd	International Day for the Remembrance of the Slave Trade and its Abolition



*Martin, Carers Information Worker*

**August** is National Breastfeeding Month  
• Psoriasis Awareness Month • Children's Eye Health  
& Safety Month

# August 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8



# September 2024



*Fiona, Professional Nurse Lead*

## Special Days:

5th	5th – 17th Onam (Hinduism)
8th	International Literacy Day
10th	World Suicide Prevention Day
21st	International Day of Peace World Alzheimer's Day
23rd	Bi Visibility Day International Day of Sign Language
26th	European Day of Languages
29th	World Heart Day World Day of the Deaf
30th	NHSGGC Public Holiday

**September** is Older Persons' Month • Childhood Cancer Awareness Month • World Alzheimer's Month • World Dementia Awareness Month • Deaf Awareness Month

# September 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30	31	1
2	3	4	5 ॐ	6	7	8 ○
9	10 ○	11	12	13	14	15
16	17	18	19	20	21 ○	22
23 ○	24	25	26 ○	27	28	29 ○
30 □	1	2	3	4	5	6

## October 2024

### Special Days:

1st	Black History Month begins
3rd	3rd – 12th Sharad (Winter) Navaratri, fasting for 9 days (Hinduism)
11th	National Coming Out Day
12th	Yom Kippur (Judaism)
31st	Diwali - Festival of Lights (Hinduism)



*NHSGGC's BME Staff Network stand at our first Equality, Diversity and Inclusion Conference – June 2023*

**October** is Black History Month • Down Syndrome Awareness Month • Lupus Awareness Month • Breast Cancer Awareness Month • Global Diversity Awareness • Menopause Awareness Month

# October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
30	1	2	3	4	5	6	
7		8	9	10	11	12	13
14	15	16	17	18	19	20	20
21	22	23	24	25	26	27	27
28	29	30	31	1	2	3	3
4	5	6	7	8	9	10	10

# November 2024



Ross, Assistant Business Administration Manager

Special Days:	
10th	Remembrance Sunday
11th	Armistice Day
13th	World Kindness Day 13th – 17th Anti-Bullying Week 13th – 19th Transgender Awareness Week
14th	World Diabetes Day
15th	Birthday of Guru Nanak (Sikhism)
16th	UK Disability History Month begins
19th	International Men's Day
21st	Carers Rights Day
24th	Martyrdom of Guru Tegh Bahadur (Sikhism)
25th	International Day for the Elimination of Violence against Women

**November** is Men's Health Awareness Month •  
Pancreatic Cancer Awareness Month •  
Lung Cancer Awareness Month • Environmental  
Awareness Month • Disability History Month

# November 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1
2	3	4	5	6	7	8

# December 2024

## Special Days:

1st	World AIDS Day
3rd	International Day of Persons with Disabilities
10th	Human Rights Day
18th	International Migrants Day
20th	International Human Solidarity Day
24th	Christmas Eve (Christianity)
25th	Christmas Day (Christianity) NHSGGC Public Holiday
26th	Chanukah starts (Judaism) NHSGGC Public Holiday
31st	Hogmanay / New Year's Eve



*Mural in Inverclyde Royal Hospital - the design highlights the Pride flag, its origin, history, meaning and its importance to the LGBTQ+ community*

**December** is Universal Human Rights Month • AIDS Awareness Month • Spiritual Literacy Month

# December 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25	26	27	28	29	30	1 
2	3 	4	5	6	7	8
9 	10	11	12	13	14	15
16	17	18 	19	20 	21	22
23 	24	25  	26  	27	28	29
30 	31	1	2	3	4	5

## Suggestions

If you would like to suggest dates for inclusion on future calendars, please email:

✉ [ggc.staffexperience@ggc.scot.nhs.uk](mailto:ggc.staffexperience@ggc.scot.nhs.uk)

## Useful Links

**A Fairer NHSGGC**



**LGBTQ+ Staff Forum – NHSGGC**



**BME Staff Network – NHSGGC**



**Staff Disability Forum – NHSGGC**



