

Q-Pulse Database	DIAIMA	
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Document Title	Carers and Comforters	

1. Objectives

To ensure that, in accordance with Regulation 3 and 12, a system is in place to identify persons acting in the capacity of carer or comforter and to reduce their dose as far as possible.

2. Responsibilities

Service Leads (SL) are responsible for ensuring that persons who might act in a capacity of carer or comforter do so knowingly and willingly.

3. Procedure

Under normal circumstances no other person should need to be present during a procedure using ionising radiation.

When the condition of a patient justifies it, it may be helpful for another person to knowingly and willingly act in the capacity of carer or comforter.

In these cases the following should be considered:

- No carer or comforter should be pregnant unless in exceptional circumstances
- A person who is employed as a carer or any occupational helper capacity cannot act as a carer or comforter.
- Carer or comforters would normally be at least 16y old.
- Written information should be available explaining the approximate dose which will be received and an indication of the risk associated with this
- All possible steps will be made to minimise the dose to the person acting as carer or comforter
- An upper limit of 5mSv over a year per procedure will be adopted.

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