



YOUR HABITS, YOUR IMPACT, YOUR FOOTPRINT

Quick Win: Print Efficiently

Excessive printing increases paper, toner and electricity costs, as well as equipment maintenance and replacement costs.



REDUCE YOUR USE

For more information please visit EcoSmart Homepage on Staffnet.
For any queries please contact: Sustainability.Team@ggc.scot.nhs.uk



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Quick Win: Don't waste energy on inactive equipment

Everyone is responsible for switching off their electrical equipment; computers, printers and display screens before leaving the building.

Screensavers **DO NOT** reduce energy usage.



REDUCE YOUR USE



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Quick Win: Switch off non-essential lighting

Lighting uses **20%** of the electricity generated in the UK and **up to 40%** of a building's electricity use. Significant energy saving opportunities are to be found by just switching off!

Source: Carbon Trust (2011)



REDUCE YOUR USE



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Quick Win:

Boil enough to fill your cup

The average person boils a kettle **5 times per day** with **75%** boiling more water than required. This equates to approximately **£68 million** per year in wasted energy.

Source: Energy Savings Trust



REDUCE YOUR USE